



The Gansett Gazette

Newsletter of the Narragansett Chapter of the Appalachian Mountain Club

APR-MAY
2014
Vol. 11, No. 2

Spring?

Today (as this is being written) the calendar says it is the first day of Spring and my thermometer stays 51 degrees. Nice. But the weatherman says another blast of cold arctic air is as I write, descending south. Some members are taking advantage of the recent snowfalls in upper New England for winter hiking. But Spring weather will be here soon, and opportunities to get out the bike, get out the kayak, and get out the warm weather hiking boots will soon be available. So enjoy our Spring activities, officially starting with the Spring Fling to be held at the Kettle Pond Visitors Center in Charlestown this year.

New Social Event Category

Social Events has been added to the Activities Committee to allow members to become contributors for social events without going through formal qualifications. Of course we assume that you know what you are doing when you enter a social event. The Reviewer for social events will be Chris Shafer, our Activities Committee Chair. Events of this nature could include ice skating, roller blading, slide shows, picnics, or any other social event that does not require a formally qualified leader as for biking, paddling, etc. If you wish to be included with a database account, contact Chris Shafer.

Waiting for Leader Profiles

Again for this issue of the Gazette, I ask that our leaders and committee members submit a profile for our "Meet the Leaders" page. Show the membership and others that we have leaders that are volunteering their time and skills to make the AMC what it is. When your webmaster asks for a profile, don't give him the "I'm shy... don't take a good photo...I don't have time" kind of excuses. The fact that you have volunteered to lead trips, stand up front and direct some event or help run the chapter, shows just the opposite of all those arguments. You have exposed yourself by becoming a volunteer and contributing. So if you are a trip leader, a committee member, serve in some other capacity for the club, or served as an active past leader, and **have not submitted a profile**, we encourage you to share a profile with the chapter. Submitting information for the profile page is strictly voluntary, but in the spirit of the supporting the Chapter, get online and get credit for being a volunteer.

Hopefully,

your Webmaster

General Site Password

The general site password has previously been published in the mailed Gazette. The new password will not be published in the future. If you want the username/password combination you should contact the webmaster. This year the password nemonic clue is the mountain named K2. It is changed on a yearly basis. It is only need on a few pages that involve privacy or account information. Those pages are marked in the top menu with a (pw).

Annual Spring Fling & New Member Social. Saturday, April 26, 2014

Join us for a day filled with fun activities, workshops and food at the National Wildlife Refuge Kettle Pond Visitors Center in Charlestown, RI.

This event is open to all current, new and prospective new members. We are also extending invitations to our Meetup.com members as prospective members.

A registration form will be posted on our chapter website, on the front page and in the forthcoming newsletter, the Gazette. Various activities, including biking, paddling and hiking will be posted for people to sign up in advance.

This is a great time for all our active members to get together, trade stories, and reacquaint ourselves with other activity members. New and prospective members will be present, giving them an opportunity to talk with our leaders and find out about our various outdoor activities.

August Camp

Mount Rainier National Park Hike in the shadows of majestic Mount Rainier

In 2014 August Camp experiences the incredible beauty of Mount Rainier National Park. Marvel at spectacular scenery while walking among towering hemlocks, relive the drama of Mt. St. Helens, and hike on the shoulder of one of the tallest peaks in the lower 48. Camp will be set up in the small former lumbering town of Packwood adjacent to the park.

After a day of the activity of your choice relax around the nightly campfire. This will be the time to listen to ranger talks, hear reports from

the day's hikes, learn about the next day's activities, and enjoy singing and conversation.

This full service tent village for 64 campers each week offers home-cooked meals, daily hikes at all levels, nightly campfires and wonderful camaraderie.

The designated airport is Seattle-Tacoma International, and the camp fleet of vans provides transport between camp and SeaTac each Saturday.

The Application and Camper information forms, as well as detailed Camp information can found on the August Camp website at <http://www.augustcamp.org/>. Plan your one or two week adventure now and be part of one of the AMC's oldest traditions.

Week 1: July 19 - July 26

Week 2: July 26 - Aug 2

Week 3: Aug 2 - Aug. 9

Week 4: Aug. 9 - Aug. 16

Questions about August Camp? Contact DV Chapter member and August Camp leader Lennie Steinmetz at steinmetz.lennie@gmail.com or by phone at 610-694-8677.

Conservation

If You Take One Hour for the Earth, You CAN Make it Earth Hour Saturday, March 29, 2014 8:30 PM – 9:30PM

Maybe you want to act for the Earth, but you don't know where to start. In 2014, make it your mission to find out. Take your first step by joining AMC's Conservation Action Network (CAN). Go to www.outdoors.org/conservation and click on 'Take Action'. A monthly newsletter provides information and actions to help you get involved. You will also get an action alerts tailored for your region. It's an easy way to get off the fence and decide where you stand on clean air, energy conservation, and climate change.

CAN also highlights events like Earth Hour on March 29, 2014 from 8:30PM – 9:30PM. People around the world will turn off their lights to spend an hour in the dark for the Earth. You can join others at local events. Visit <http://www.earthhour.org/> for more details.

You can also take Earth Hour to set goals for energy conservation such as scheduling a home

**Narragansett Chapter AMC
Leadership Roster**

Chapter Chair-Debbie Mitchell,
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Secretary-Debra
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Membership Chair-Robin Kuznitz,
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Activities Chair-Chris Shafer, 789-8331,
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Conservation Chair-Linda Pease,
linda.pease@cox.net

Leadership Chair-Ed Poyer,
edpoyer@gmail.com

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Backpacking & Northern Hikes Subchair-
Ed Poyer, edpoyer@gmail.com

Biking Subchair-Marcie Madsen, 364-6538,
marciem18@verizon.net

Local Hikes Co-Subchairs-Christine Galvin,
christinelgalvin@gmail.com

Mary Ann Topp, maryanntopp@me.com

Technical Climbing Co-Subchairs-
Peter Barlow, 860-675-3772

Brian Phillips, 783-0133,

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Flatwater Paddling Subchair-Linda Pease,
351-2234, linda.pease@cox.net

Sea Kayaking Subchair-Michael Krabach,
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Skiing Co-Subchairs-Ann Piascik,
ap25776@yahoo.com

Steve Harrington, sjhep1@hotmail.com

Young Members Subchair-Scott Disnard,
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Family Outings Subchair-
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Debra.Mitchell@marcumllp.com

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CHAPTER WEBSITE
www.amcnarragansett.org
User Name: members
Password: Contact
Webmaster

energy audit, or devising a more energy efficient way to get to work. Either way, tuning into CAN will keep you up to date and well informed. Join CAN today.

Appalachian Trail Online Hike Planning Guide

There is a new resource available on www.outdoors.org for anybody who wants to plan hikes on the Appalachian Trail. The press release (which includes a link to the new AT web pages) can be found here: <http://www.outdoors.org/about/newsroom/press/2014/at-online-guide.cfm>.

ACTIVITIES

Tue., Apr. 1. Pachaug Trail Hike Arcadia Management Area, Exeter. 7 mile hike on Pachaug Trail start in RI end in CT. Always a challenging hike, could possibly be icy! Sturdy boots required. Bring water, snacks, lunch and traction devices. Middle of Nowhere Diner after. 10:00 am start for short carspot. L Marcie Madsen (401-364-6538, marciem18@verizon.net) L Margie Parsons (401-743-3405, mpkayak@cox.net)

Wed., Apr. 2. Hike / Social - Barrington. 2-3 mile hike and we go to dinner. Get off the couch and join us. Historical area with Bay views. Park at 230 Washington Rd, corner of Bradford St. Dress warm. Reflective vest recommended; we will be on quiet streets. Meet at 6:00. L Jean Josephson (401-245-5523, kayakjmj@yahoo.com)

Sat., Apr. 5-6. Wilderness First Aid Workshop. Red Cross first aid training is certainly helpful, but when you are in a backwoods situation, you need more. This course will provide the knowledge you will need to deal with medical emergencies when you are more than one hour from medical care. In addition to patient assessment, this course will teach you how to treat immediate life threats, disabling injuries, hypothermia and other environmental hazards, fractures, sprains and more. This is a two day course and will be taught at Camp Cookie in northwestern RI. The course will once again be taught by the outstanding instructors from Stonehearth Outdoor Learning Opportunities (SOLO). Pre-registration for volunteer leaders will begin January 15. Narragansett Chapter leaders will receive a special rate of \$25. Registration for

all others will begin on February 1, and will cost \$95 for Narragansett Chapter members and \$165 for all others. The fee covers all instruction and materials and does not include lodging or meals. For registration information, contact Linda Pease (351-2234) linda.pease@cox.net. L Charlie Killam (charlie.killam@gmail.com), reg/w Linda Pease (401-351-2234, linda.pease@cox.net)

Sat., Apr. 12. Beginner Rock Climbing Course April 12, 19, Various crags. Course consists of two progressive classes of instruction and is intended for beginning climbers and gym climbers who want to make the transition to the outdoors. Classes are held at nearby CT crags. Course participants must be 18-years old or 15-years old if accompanied by a parent/guardian. Fee for 2-day course: AMC Member \$60, Nonmember \$100. Student Discount, AMC Member \$40, Non Member \$80. Register early as these classes fill quickly. L Peter Barlow (860-675-3772, freeclimb@aol.com)

Sun., Apr. 13. Museum, Hike and Dinner, Providence. Brown Museum of Anthropology, Hike, Dinner & post-dinner sunset hike. Contact leaders for further info. Limited to 10. L N Gregg O'Brien (401-473-8132 Evenings, goh243@aol.com) CL Antoinette Breed (scenicroute@verizon.net)

Sun., Apr. 13. Great Swamp Management Area, South Kingstown. 5-mile hike at a moderate pace good for beginners, bird lovers, Native American historians. The trail is mostly on gravel roads, including a walk around the Great Swamp impoundment. Ospreys nest on power lines above the area. Wear hiking shoes, and bring a liter of water and trail snacks. Hike starts promptly at 9:30 a.m. Co-leader: Margie Parsons, mpkayak@cox.net. L Karen Paley (401-714-3569, ksurman1@cox.net) CL margie parsons (mpkayak@cox.net), reg/w Karen Paley (401-714-3569, ksurman1@cox.net)

Wed., Apr. 23. Hike and Social -Ten Mile River. We will do a 2 mile stretch of the river and check on migration of fish through the fish ladders. Meet the entrance of Hunts Mill Rd. Runford E. Prov. We will go to eat nearby for those who would like to go. for more help for directions or info. call leader. Start at 6:00pm.

L Herrick Spencer (401-723-1974 amytime, spencer295@cox.net)

Sat., Apr. 26. Spring Fling easy paced identification walk. At the Kimball Wildlife Sanctuary (adjacent to Kettle Pond). Explore the trails and learn about trees, plants and flowers on the property and maybe observe some wildlife. This 31 acre property is on Watchaug Pond. L Patricia D'Ambra (401-949-3374)

Sun., Apr. 27. Dog Hike at Ben Utter Trail, Arcadia Management Area, Moderate hike is for active dogs and people. L Judy Van Wyk (peacefulpeople@yahoo.com) CL Paul Wynn , reg/w Judy Van Wyk (peacefulpeople@yahoo.com)

Sat., May. 3. Intermediate Rock Climbing Course. Sat - May 3 & May 10, Various crags. Course consists of two progressive classes (May 3 & May 10) of instruction and is intended for intermediate climbers or those who took the beginner class. Classes are held at nearby CT crags. Course participants must be 18-years old or 15-years old if accompanied by a parent/guardian. Fee for 3-day course: AMC Member \$60, Nonmember \$100. College Student Discount, AMC Member \$40, Non Member \$80. Register early as these classes fill quickly. L Peter Barlow (860-675-3772, freeclimb@aol.com)

Sat., May. 3. Bear Mt. and Sages Ravine, Salisbury, CT. Hike a section of the Appalachian Trail over CT's highest summit and into beautiful Sages Ravine. Approx 8.5mi/1800ft at a very moderate pace. Route may be adjusted to suit conditions and the group. 3 state views and scenery make this hike feel like Vermont. Early carpool from RI with a late return. Dine out on drive home. L John Stevens (401-487-2629 7-9pm weeknights, jstevens184@gmail.com), reg/w John Stevens (401-487-2629 7-9pm weeknights, jstevens184@gmail.com)

Sun., May. 4. Dog Hike at Hudson/Breakheart Trail, Arcadia Management Area, L Bonnie England (bonniedune@aol.com) CL Paul Wynn CL Mercedes Rivero , reg/w Bonnie England (bonniedune@aol.com)

Thu., May. 8. Map & Compass Workshop and Off Trail Practice. Do you like to get out and explore, but worry about your skills to find your way back? Join WPWA and the Narragansett Chapter of the AMC for a two-part course (Thursday evening for 3 hours and Saturday day for 6 hours) that will teach you how to read and understand maps and use a

compass correctly. At the end of this course participants should feel more comfortable with their abilities to plan routes and come out safely. This first part is a three hour indoor class held at the WPWA Campus. Topics include reading map symbols and contour lines, matching the terrain to the map, taking and using bearings, orienting map and compass, declination, determining your location and planning your route. Saturday's section will be conducted at Arcadia Management Area in Exeter. The morning session will allow participants to practice their new skills and learn other details about taking and using compass bearings. After lunch they will plan and then execute a bushwhack route through the woods. Instructors include experienced Northern Hikes Leaders from AMC. Participants should bring a declinated compass and plan to attend both dates. L Ed Poyer (EdPoyer@gmail.com)

Fri., May 9-11. 5th Annual Young Memebers Spring Camping Weekend, Brewster, MA. Join the YM for a weekend of camping at Nickerson State Park on Cape Cod. Learn about camping, do day hikes, visit the beach, or do your own thing. L Scott Disnard (sdizzy@gmail.com), reg/w Scott Disnard (sdizzy@gmail.com)

Sat., May 24-26. Camp Dodge Trails/Hiking Weekend. Improve trails at Pinkham Notch on Sat. and Sun.- no experience req'd. Tools provided. Intermediate hike Monday. Lodging/most meals at Camp Dodge. Bring day pack, water bottles, rain gear, if appropriate, & wear hiking boots or equivalent with a good tread. L Christopher Shafer (401-789-8331 7 PM - 9 PM, Christopher.Shafer@dem.ri.gov) CL Maria Earley (401-789-8331 7 PM - 9 PM)

ADVANCE NOTICES

Fri., Jun. 6-8. Alpine Flowers hike weekend. Enjoy the miniature beauty of alpine blossoms and spectacular views along the Presidential Range. One night at the Highland Center, one night at the Lakes of the Clouds Hut. For the experienced mountain hiker with proper equipment. Twelve miles r.t., 6-7 hours per day, 2800 feet of elevation gain at a moderate steady pace. Should be comfortable scrambling rocks with a full pack. \$260 includes bed and breakfast at the Highland Center (\$110 optional) and dinner + bed and breakfast at Lakes of the Clouds (\$150). L Margie Parsons (401-743-3405, mpkayak@cox.net), reg/w Bernardo Aumond (617-335-7684, bdaumond@yahoo.com)

Sat., Jun. 7-8. Rock Climbing - Gunks, Shawangunks, NY. Climbers capable of 5.6

routes or better. Trip size may be limited due to leader to second ratio. L Steven Prouty (sprouty115@gmail.com) CL Jeannine Peterson (surnurse@yahoo.com)

Sat., Jun. 14. Annual Long/Ell/Green Falls Pond Hike, Rockville (Hopinkton), RI. 7 and 1/2 miles of mountain laurel (in bloom if we are lucky) on one of RI's and eastern CT's most beautiful trails. First and last miles strenuous and a bit rough. Early out option for those who want it at 4 1/2 miles. L Maria Earley (momearley@netzero.com) L John M. Stevens (401-487-2629 7-9pm weeknights, jstevens184@gmail.com), reg/w John Stevens (401-487-2629 7-9pm weeknights, jstevens184@gmail.com)

Sat., Jun. 21. Dog Hike at Sprague Farm, Glocester RI, Chepachet RI. 3 to 4 mile easy hike on Land Trust property in Chepachet RI. L Bonnie England (bonniedune@aol.com) CL Judy Van Wyk CL Russ Miller , reg/w Russ Miller (grmiller01@msn.com)

Sat., Jul. 12. Dog Hike at Caroline North Trail, Carolina Management Area, Richmond RI. 4 to 5 mile hike in Carolina Management Area, Richmond RI. L Bonnie England (bonniedune@aol.com) CL Russ Miller CL Judy Van Wyk , reg/w Russ Miller (grmiller01@msn.com)

Sat., Jul. 12-13. Rock Climbing, Cathedral and Whitehorse Ledges, NH. Climbers comfortable on 5.7 routes or better. Participation determined by the number of leaders to seconds, stay at ski club, dinner Saturday cost-share pizza. Reg/w leader to get specific trip information. L Peter Barlow (860-675-3772, freeclimb@aol.com) CL Seth Yuridin (sywg12@gmail.com)

Sat., Aug. 2-3. Rock Climbing - Rumney, Rumney, NH. Climbers comfortable on 5.8 routes or better, camp at local campground. Dinner at an après climb restaurant or cost share BBQ. L Jeannine Peterson (surnurse@yahoo.com) CL Bill Baxter (mitziekramer@yahoo.com)

Sat., Sep. 6-7. Rock Climbing - Cannon, Cannon Mountain, NH. Climbers comfortable on 5.8 routes or better, camping is at a private campground we have arranged. Dinner is catered. L David Curry (dmcurry13@yahoo.com) CL Mary Stevenson (mesbbkc@verizon.net)

Fri., Sep. 19-21. Paddling/Camping on Moon Island - Squam Lake, NH.. Annual weekend of kayaking and camping on Moon Island, enjoying the last weekend of summer

on this pristine lake surrounded by the foothills of Sandwich, NH. Participants should be experienced and have proper equipment for camping/kayaking. Sea kayak is required and participant must be able to carry all of their camping equipment to island. Limited participation. Cost is \$40. L Bill Rush (whr0316@msn.com), reg/w Bill Rush (whr0316@msn.com)

Sat., Oct. 11-12. Rock Climbing - Gunks, Shawangunks, NY. Climbers capable of 5.6 routes or better. Trip size may be limited due to leader to second ratio. L Sarah Rich (saeandpetzl@gmail.com) CL Ken Hamel (kenskibike@cox.net)

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