



The Gansett Gazette

Newsletter of the Narragansett Chapter of the Appalachian Mountain Club

AUG-SEPT
2010
Vol. 7, No. 4

Canoe Canoe?

There are members with canoes and no partner, and members who prefer canoeing and don't have a canoe. Call 351-2234 or email linda.pease@cox.net to advise of your interest to buddy up and get out on the water. Along with our kayak rentals, we have one rental canoe at \$8 per day.

Executive Board Opening: Communications Chair.

For the past 90 years, the gansett gazette, along with word of mouth, has been our only form of communication. I have been doing this for quite some time (most recently with Shannon Kelley's help) but we need someone with new ideas to lead our chapter through these new times. If you think you might be interested, please contact me at 726-2773 or mdnennen@cox.net).

Fri- Sun Oct 15-17 - 2010 AMC Fall

Gathering AMC Fall Gathering is hosted by the Worcester Chapter, will be held on October 15-17 at the Prindle Pond Conference Center Hilltop, Charlton, MA. Whether you enjoy hiking, biking, paddling, rock climbing or just like to socialize with other AMC members (or non-members), October is a great time to explore central Massachusetts. Plus family-oriented activities will be offered, so bring your children and grandchildren! Top it all off with lively Saturday evening entertainment and bonfire. This will be an event you won't want to miss! For more information, check out our website at www.amcFallGathering2010.com.

ACTIVITIES

Sat., Aug. 1. Blue Hills Skyline Traverse.

Traverse the Skyline Trail. Bring proper footwear, water, and lunch. 9 miles, good views. Young Member sponsored, but all hikers welcome. Car spot needed. L Chris Turgeon (401-207-1180, turgeon77@ymail.com)

Tue., Aug. 3. Kayak Rescue Practice. Join us for improving your kayak rescue skills. Come to observe, practice, and learn, including self and assisted rescues. L Mike Krabach (401-333-5350, mkrabach@cox.net), CL Ray Bucacci (401-822-1407, rbucacci@netzero.net)
Wed., Aug. 4. Hike and Social, North Kingstown. Meet at Rome Point Parking lot, 6:00pm. L Bob Richardson (401-225-4003)

Wed., Aug. 4. Hike and Social, North

Kingstown. Meet at Rome Point Parking lot, 6:00pm. L Bob Richardson (401-225-4003)

Wed., Aug. 4. Family Bike Ride on East Bay Bike Path.

Easy (approximately) 15-mile bike ride on East Bay Bike Path at 1:00pm. Ice cream stop included. Helmets required. Call/email for starting location. L Larry Rollins (401-521-7188 6:00-9:00pm, RollinsLF@excite.com), L Sue Rollins

Sat., Aug. 7-8. Rock Climbing Rumney -

NH. Climbers comfortable on 5.8 routes or better. Camp at local campground. Dinner at an aprÃ's climb restaurant or a cost-share BBQ. Contact the L to register and get specific trip information. L Joe Goudreau (joejudig@hotmail.com), CL Chris Tate (401-742-4289, chrisr01@yahoo.com)

Sat., Aug. 7.

Wickford/Narragansett/Wakefield Ride.

Intermediate 32+ mile ride with some rolling sections, partly on South County bike path. Lunch in Wakefield. 9:30am start. Helmets required. L Nancy Baker (401-7373052 6:00pm - 9:00pm), CL Dick Schaffner (401-781-6310)

Sat., Aug. 7. Family Bike Ride/Lincoln

Blackstone Bike Path. Enjoy a beautiful trail on an easy bike ride. Shorter and longer options to accommodate families. Other riders are welcome, too. There will be ice cream! Helmet required. L Linda Pease (401-351-2234), CL Mark Dennen (401-726-2773)

Sun., Aug. 8. Ninigrit Pond Escape: Midday

Sun Late Afternoon Paddle. Flatwater and sea kayakers welcome. Dinner on the beach. We'll be using the new launch in the park. L Linda Pease (401-351-2234, linda.pease@cox.net), L Antoinette Breed (401-751-5086, scenicroute@verizon.net)

Tue., Aug. 10. Floating Lunch Club. 12:00-2:00pm. Join WPWA on the Wood River for a short paddle to Fry Pan Pond where we'll stop to relax on the river and have lunch (bring your own). Event is suitable for beginner kayakers, ages 8+. Fee is \$10/members, \$15/non-members, and includes kayak rental. Pre-registration is required. For more info or to register, contact Denise. L Denise Poyer (denisep@wpwa.org), reg/w Denise Poyer (denisep@wpwa.org)

Wed., Aug. 11. Hike and Social, Blackstone Valley Bike Path. Meet at rest area on Route 295 in Lincoln, 6:00pm. L Dick Sullivan (401-338-2880)

Thu., Aug. 12. Narragansett-Galilee Bike Ride. 18 miles along the shore, flat and scenic. All are welcome. 6:00pm start. Helmets required. L Sid Wax (401-849-2595, sid_w@yahoo.com)

Sat., Aug. 14. Newport Bike Ride. 30-35 miles of scenic rolling hills from the Newport coastline to the Portsmouth countryside. Intermediate 12-14mph pace. 10:00am start. Helmets required. L Sid Wax (401-849-2595, sid_w@yahoo.com)

Sun., Aug. 15. Spink Beach Sea Kayaking. Intermediate paddle in Narragansett Bay, Quonset Point. L Anne Fusco (401-884-3205), CL Bill Rush

Tue., Aug. 17. Floating Lunch Club. 12:00-2:00pm. Join WPWA on the Wood River for a short paddle to Fry Pan Pond where we'll stop to relax on the river and have lunch (bring your own). Event is suitable for beginner kayakers, ages 8+. Fee is \$10/members, \$15/non-members, and includes kayak rental. Pre-registration is required. For more info or to register, contact Denise. L Denise Poyer (denisep@wpwa.org), reg/w Denise Poyer (denisep@wpwa.org)
Wed., Aug. 18. Hike and Pot Luck, Westerly. Meet at 6:00pm. Contact L for directions and potluck info. L Roberta Jacobs (401-315-0165, jacobs6@cox.net)

Wed., Aug. 18. Hike and Pot Luck, Westerly. Meet at 6:00pm. Contact L for directions and potluck info. L Roberta Jacobs (401-315-0165, jacobs6@cox.net)

Wed., Aug. 18. Pasta Challenge/Rehoboth Bike Ride. Scenic rural biking. Two rides start and end at the same location. One for easy riders, the other at a faster pace. All the pasta you can eat at the Hillside Country Club afterward. 6:00pm start. Helmets required. L Linda Pease (401-351-2234, linda.pease@cox.net), L Bill Rush (whr0316@msn.com)

Sat., Aug. 21. Annual Black Tie Sea Kayaking. Launch at Sprague Bridge and

**Narragansett Chapter AMC
Leadership Roster****Chapter Chair**-Tom Eagan,
tomeagan.amc@gmail.com**Vice Chair**-Bonnie English,
bonniedune@aol.com**Secretary**-Jeannine Peterson,
surnurse@yahoo.com**Treasurer**-Debbie Mitchell,
dmitchell@thebravergroup.com**Membership Chair**-Robin Kuznitz,
rmd@PSH.com**Membership Vice-Chair**-Mary
Bonaventure, mlb448@yahoo.com**Activities Chair**-Chris Shafer, 789-8331,
Christopher.Shafer@dem.ri.gov**Communications Co-Chairs**-
Mark Dennen, mdennen@cox.net;
Shannon Kelley, outside@cox.net**Conservation Co-Subchairs**-
Jack Schempp, 331-4553;
Jschempp1@msn.com;

Linda Pease, linda.pease@cox.net

Leadership Chair-Charlie Killam, (508)
252-4349**Trails Subchair**-Elise Del Barone,
edelbarone@yahoo.com**Backpacking & Northern Hikes Subchair**-
Ed Poyer, edpoyer@gmail.com**Biking Subchair**-Marcie Madsen, 364-6538,
Marcie18@att.net**Local Hikes Subchair**-Herrick Spencer,
spencer295@cox.net**Technical Climbing Co-Subchairs**-
Peter Barlow, 860-675-3772;
Brian Phillips, 783-0133,

bphillips38@cox.net

Flatwater Paddling Subchair-Linda Pease,
351-2234, linda.pease@cox.net**Sea Kayaking Subchair**-Michael Krabach,
333-5350, mkrabach@cox.net**Skiing Co-Subchairs**-Dan Reardon, daniel.reardon@verizon.net;
Elizabeth Reardon- bunnycello@yahoo.com**Young Adult Members Subchair**-Chris
Turgeon, nagarnett@yahoo.ca**Family Outings Co-Subchairs**-Tom Eagan, tomeagan.amc@gmail.com;
Debbie Mitchell,

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5 Joy Street, Boston, MA 02108**The Gansett Gazette is published**Feb./Mar., April/May, June/July,
Aug./Sept., Oct./Nov., Dec./Jan. by
Narragansett Chapter AMC
123 Greenwood Dr.
Wakefield, RI 02879**CHAPTER WEBSITE**

www.amcnarragansett.org

User Name: members
Password: **climb1953**paddle out the Narrow River inlet into the
open waters of the bay/ocean. Return on the
calmer waters of the Pettaquamscutt River for
a Black Tie potluck lunch in style with flat
water paddlers. L Bill Rush
(whr0316@msn.com), CL Ray Bucacci**Sat., Aug. 21. Annual Black Tie Flat Water
Paddle on Narrow River.** Join us with time to
spend on the beach and dining in style, bring
plastic stemware. Starting from Grosvenor
Camp. Flatwater rentals only. Call Steve
Morra 401-231-5365. L Linda Pease (401-351-
2234), L Antoinette Breed (401-751-5086)**Sun., Aug. 22. Ponkapoag Pond Trail,
Boardwalk and Camp Ground.** This level
area has the oldest AMC camp ground for
members. We'll do the trail around the pond
and boardwalk. Carpool from I-95. Bring light
hiking shoes, water, and lunch. For more info,
call CLs. L Herrick Spencer
(spencer295@cox.net), CL Carol Baldwin
(401-300-9263, ctbaldwin36@yahoo.com),
CL Debra Laughlin (401-437-9239,
dml1054@cox.net)**Tue., Aug. 24. Floating Lunch Club.** 12:00-
2:00pm. Join WPWA on the Wood River for a
short paddle to Fry Pan Pond where we'll stop
to relax on the river and have lunch (bring
your own). Event is suitable for beginner
kayakers, ages 8+. Fee is \$10/members,
\$15/non-members, and includes kayak rental.
Pre-registration is required. For more info or
to register, contact Denise. L Denise Poyer
(denisep@wpwa.org), reg/w Denise Poyer
(denisep@wpwa.org)**Wed., Aug. 25. Hike and Social, Bristol.**
Meet at Colt State Park at the Chaffee Statue,
6:00pm. L Gregg O'Brien (401-245-0677,
goh243@aol.com)**Fri., Aug. 27-29. Kinsmans Weekend.** For
experienced Northern hikers. Saturday: 10
miles RT with 3650' elevation gain. Sunday:
L's choice. Register by 8/2. Cost is \$110 and
includes two nights lodging, two breakfasts
and one dinner. L Sue Warthman (401-270-
3363 7:00-9:00pm, swarthman@cox.net), CL
Steve Harrison, reg/w Sue Warthman (401-
270-3363 7:00-9:00pm, swarthman@cox.net)**Sat., Aug. 28. Bike Ride:****Pawtucket/Seekonk/East Providence.** Start
at 10:00am. Easy-to-moderate ride, 22 miles
through neighborhoods and historical places,
plus future bike path locations. Both hybrid
and road bikes will work well. Helmets
required. Bring water and lunch. L Herrick
Spencer (401-723-1974,
spencer295@cox.net), CL Dave Natale**Sun., Aug. 29. Guided Bird Walk at
Sachuest Point National Wildlife Refuge.**
9:00am. Bruce Lawson, Naturalist with the
U.S. Fish and Wildlife Service, will introduce
us to the diversity of resident and migrant
birds at this beautiful 252-acre refuge
supporting over 200 species. Following our
walk we'll visit the newly-renovated visitor's
center. Optional lunch to follow. Families
welcome. L Kristin Caproni (401-952-8698,
kristincaproni@gmail.com), L Dennis
McCarthy (401-556-8955,
dmccarthy12@cox.net)**Sun., Aug. 29. Kayak Neponset River to
Boston Harbor.** Kayak from Neponset River
to Boston Harbor. Visit George Island and
others. For prepared kayakers only. Weather
dependent. 15+ mile paddle. L Mike Krabach
(401 333-5350, mkrabach@cox.net), reg/w
Mike Krabach**Tue., Aug. 31. Floating Lunch Club.** 12:00-
2:00pm. Join WPWA on the Wood River for a
short paddle to Fry Pan Pond where we'll stop
to relax on the river and have lunch (bring
your own). Event is suitable for beginner
kayakers, ages 8+. Fee is \$10/members,
\$15/non-members, and includes kayak rental.
Pre-registration is required. For more info or
to register, contact Denise. L Denise Poyer
(denisep@wpwa.org), reg/w Denise Poyer
(denisep@wpwa.org)**Wed., Sep. 1. Hike and Social, Middletown.**
Meet at Sachuest Point, 6:00pm. L Sid Wax
(401-849-2495, sid_w@yahoo.com)**Fri., Sep. 3-5. Lake Winnepesaukee Hike,
Kayak, and Bike.** More details at
www.winaukee.com. Intermediate-level
activities each day including yoga, happy
hour, and evening programs. Lakeside cabins
with plumbing and showers. Includes two
breakfasts, two trail lunches, and two dinners

(with a vegetarian option). Cost is \$140/pp. Deposit of \$100 is required by 7/17, with the balance due by 7/30. Call Linda to qualify, and mail check to Debbie Mitchell, 2945 Mendon Road, Cumberland, RI 02864. Include phone number and email address. L Jack Schempp (401-331-4553 7:00-9:00pm, jschempp1@gmail.com), L Herb Kingsbury (207-439 6449 7:00-9:00pm), reg/w Linda Pease (130 Sunbury St., Providence, RI 02908, 351-2234 7:00-9:00pm, linda.pease@cox.net)

Wed., Sep. 8. Hike and Social, Warwick. Meet at City Park, 6:00pm. L Ginny Calabrese (401-782-6518)

Fri., Sep. 10-12. Annual Trails/Recreation Weekend, Burlingame State Park. Various trail projects on Saturday, with recreation afterward (swimming or other relaxation), plus a group dinner in the evening. Sunday, an 8-mile Gormley trail hike. Free Friday and Saturday camping. Non-campers, meet at 9:00am on Saturday, Burlingame camping area main parking lot. All trail maintainers (new and experienced) are welcome. Bring gloves, sturdy footwear, water, and lunch. All tools provided. Register by 9/8 for trails project, camping, and dinner potluck item. Raindate will be 9/17-19. L Chris Shafer (401-789-8331 7:00-9:00pm, christopher.shafer@dem.ri.gov), reg/w Chris Shafer (401-789-8331 7:00-9:00pm, christopher.shafer@dem.ri.gov)

Sat., Sep. 11. Sakonnet Vineyards Bike Ride. Relatively flat 30-mile ride through scenic Tiverton and Little Compton. Intermediate pace at 12+mph, with few stops. Helmets required. Call/email Ls for starting time. L Larry Rollins (401-521-7188 6:00-9:00pm, RollinsLF@excite.com), L Sue Rollins

Sat., Sep. 11. Bike Ride: Lincoln/Valley Falls/Blackstone. Start at 9:45am. Intermediate 24-mile ride through new sections of Valley Falls and Blackstone bike paths to Woonsocket city line. Return trip through parts of Lincoln with some hills. Helmets required. Bring water and lunch. L Herrick Spencer (401-723-1974, spencer295@cox.net), CL Dave Natale

Sat., Sep. 11-12. Rock Climbing Cannon Cliff - NH. Climbers comfortable on 5.8 routes or better, camping is at a private campground that we have arranged. Dinner is at an apres climb restaurant. Contact the L to register and get specific trip information. L Brian Phillips (401-783-0133, bphillips38@cox.net), CL Peter Barlow (860-675-3772, freeclimb@aol.com)

Sun., Sep. 12. Vin Gormley Trail Hike. 8-9 mile loop hike in Burlingame State Park. Hike has a few ups and downs, some rocks and many flat sections. Moderate pace. Lunch, water, snacks, and boots are recommended (special if after rain event). Meet at 9:00am. Rain will cancel. L Maria Earley (401-789-8331 7:00-9:00pm, momearley@netzero.com)

Sun., Sep. 12. Block Island Conservation Hike and Easy Rider Bike Ride. Enjoy beautiful scenery by bike and the trails of Rodman's Hollow by foot (we'll lock bikes). Bring lunch, drinks, snacks, and money for ice cream. Helmet required. L Barbara Flag (bakayaker51@verizon.net), CL Dennis McCarthy (401-455-0866, dmccarthy12@cox.net), reg/w Dennis McCarthy (401-455-0866, dmccarthy12@cox.net)

Sun., Sep. 12. Wachusett Over The Top Twice Hike (Figure 8). Informative talk by Princeton Power & Light on their new windmills. Enjoy hawk migration at the top. Relaxed pace. L John Stevens (401-295-4203, stevens.john.m@cox.net), L Linda Pease (401-351-2234, linda.pease@cox.net), CL Chris Turgeon (turgeon77@ymail.com)

Wed., Sep. 15. Hike and Social, Roger Williams Park, Providence. Meet near the Rose Garden across from the casino, 6:00pm. Rain cancels. L Janet Harris (401-272-6772)

Fri., Sep. 17-19. Paddling/Camping on Moon Island - Squam Lake, NH. Annual weekend of kayaking and camping on Moon Island, enjoying the last weekend of summer on this pristine lake surrounded by the foothills of Sandwich, NH. Participants should be experienced and have proper equipment for camping/kayaking. Sea kayak is required and participant must be able to carry all of their equipment. Cost is \$35. L Bill Rush (whr0316@msn.com), reg/w Bill Rush

Sat., Sep. 18. Mount Monadnock Hike. Off the beaten path. Let's see where things take us! Carpool from RI with food afterward. L Steve Harrison (401-270-3363 7:00pm - 9:00pm, hikersteve@cox.net), CL Mike Martin , reg/w Steve Harrison (401-270-3363, 7:00pm - 9:00pm, hikersteve@cox.net)

Sun., Sep. 19. Slater Park Patriot Day (Not an AMC Event). Slater Park, Pawtucket, is hosting Patriot Day. There will be encampments with the Rhode Island Regiment, the French Lafayette Regiment, and others. Tour historic Daggett House, visit Daggett Farm, and ride the carousel. Great for

families and history buffs. L Linda Pease (401-351-2234, linda.pease@cox.net)

Sun., Sep. 19. Blackstone River Cruise. Enjoy scenic and historic trip with narration. Make reservation. Arrive at 4:30pm, Pawtucket pier, 45 Madeira Ave, Central Falls. One hour, \$10. We have 15 seats reserved. Possible supper afterward. L Jack Schempp (401-331-4553, 7:00-9:00pm, jschempp1@gmail.com), L Linda Pease (401-351-2234, 7:00-9:00pm)

Wed., Sep. 22. Hike and Social, Wickford Ryan Park. Meet at the entrance on Oak Hill Road, closest to Route 1 from Route 4, 6:00pm. L Dick Sullivan (401-338-2880)

Sat., Sep. 25. Hike with Dogs on Duval Trail, South Kingstown. Five miles on beautiful dog-friendly wooded trails with areas of ups and downs. Meet in small parking lot on Post Road, 9:00am. Bring sufficient water, snacks and pick up bags. Hiking boots recommended. No expandable leashes. Recommend harness/leash instead of collar/leash. To register, call. L Bonnie England (401-374-2507, bonniedune@aol.com), CL Paul Wynn

Sat., Sep. 25. Jamestown Bike Ride. 28 miles of rolling terrain with a few hills. Easy-intermediate ride at a moderate pace. Scenic ocean views and sea breezes. 10:00am start. Helmets required. L Sid Wax (401-849-2595, sid_w@yahoo.com)

Sat., Sep. 25. Older Male Members Canoe/Kayak: Potowomut River. Open to all members with appropriate experience and the proper equipment. See details at on web site. L gary whitney (401-885-1506, garywhitney3@cox.net), CL Cherine Whitney , reg/w gary whitney

Sun., Sep. 26. Easy Riders: Tiverton/Little Compton Bike Ride. 22 scenic miles at an easy pace on mostly flat/quiet terrain. Bag lunch break on the beach. Helmets required. L Steve Morra (401-231-5365)

Sun., Sep. 26. Westerly/Watch Hill Bike Ride. Crowds are gone, so enjoy this beautiful area of our little state with mansions and beaches. Lunch by the waterfront. Faster intermediate pace. Helmets required. 10:00am start. L Marcie Madsen (401-364-6538)

Wed., Sep. 29. Hike and Social, Warren. Meet at Warren Town Beach, Water Street, 6:00pm. L Wendy Farr (401-533-3084, wendyfarr42@gmail.com)

ADVANCE NOTICES

Sat., Oct. 2. Fort Hill Farms and Corn Maze, Thompson, CT. Fun and educational experience where participants receive a game sheet and learn a conservation theme as they make their way through the maze. The farm also has picking patches and naturally raised cows. After completing the maze, enjoy their organic ice cream. Families and all others welcome! L Kristin Caproni (952-8698, kristincaproni1@gmail.com), L Jack Schempp (331-4553, jschempp1@live.com)

Sat., Oct. 2. Mount Welsh and Mount Dickey Hike. Foliage season, hopefully. Moderately-paced 4.4-mile hike with time for chocolate on the ledges. Carpool from RI with food afterward. L Steve Harrison (401-270-3363 7:00pm - 9:00pm, hikersteve@cox.net), CL Mike Martin, reg/w Steve Harrison (401-270-3363 7:00pm - 9:00pm, hikersteve@cox.net)

Sat., Oct. 9-10. Rock Climbing, Gunks - NY. Climbers comfortable on 5.4 routes or better. Lodging is up to you. Dinner at an aprÃ's restaurant. Contact the L to register and get specific trip information. May limit participation due to L to second ratio. L Dave Curry (401-739-2604, dmcurry13@yahoo.com), CL Bill Baxter (mitziekramer@yahoo.com)

Sat., Oct. 9. Tillinghast Pond Management Hike (TPMA) Meet at 9:00am for a 5-6 mile hike to learn and explore this new pristine area

with historical and geographical facts of the TPMA provided by preserve volunteer and hike CL Mike Parker. Ideal area to view the Fall tapestry of colors. Easy hike, ideal for new members. Rain will cancel the walk. L Maria Earley (401-789-8331 7:00-9:00pm, momearley@netzero.com), CL Mike Parker (Mike.parker@cox.net)

Fri-Sun., Oct. 15-17. AMC Fall Gathering AMC Fall Gathering is hosted by the Worcester Chapter, will be held at the Prindle Pond Conference Center Hilltop, Charlton, MA. Whether you enjoy hiking, biking, paddling, rock climbing or just like to socialize with other AMC members (or non-members), October is a great time to explore central Massachusetts. Plus family-oriented activities will be offered, so bring your children and grandchildren! Top it all off with lively Saturday evening entertainment and bonfire. This will be an event you won't want to miss! For more information, link to www.amcFallGathering2010.com.

Sat., Oct. 16. Mount Holyoke and Seven Sisters Hike. Annual trip to see views and eat at Atkins Farm and Apollo Pizza (we are an eating club). 7.4 miles at a moderate pace. Carpool from RI. L Steve Harrison (401-270-3363 7:00pm - 9:00pm, hikersteve@cox.net), CL Mike Martin, reg/w Steve Harrison (401-270-3363 7:00pm - 9:00pm, hikersteve@cox.net)

Sat., Oct. 23. Fall Foliage Paddle on the Pawtuxet River. Escape civilization on Pawtuxet River. From Pontiac Mills to Rhodes on the Pawtuxet. Ice cream or coffee/soup

afterward. L Bill Rush (401-941-4983, whr0316@msn.com), L Linda Peace (401-351-2234), reg/w Bill Rush