



The Gansett Gazette

Newsletter of the Narragansett Chapter of the Appalachian Mountain Club

AUG.-SEPT.
2012
Vol. 9, No. 4

From the Chair

We are all such busy people! It only makes sense as we race through summer to promote some "Save the Date" events you won't want to miss coming along in the next few months. Here are some of the BIG ones.

MLS Day Hike Leadership Training August 9-12. Contact Ed Poyer.

The Annual spectacular Trails /Hiking/Camping weekend at Burlingame September 7-9 - see our website for more info. Our chapter's Fabulous Fall Harvest at Cardigan Lodge October 19-21. See info on our website.

Narragansett Chapter Annual Meeting Saturday November 10 at Save the Bay facility. This year we are thrilled to have Andrew Skurka, named a National Geographic "Adventurer of the Year" as our featured speaker. Mark your calendars to be sure you have a place at these terrific events.

Our spectacular summer is moving along quickly - with many and very wonderful activities to join.

The AMC overall offers enough opportunities to keep everyone busy for the entire summer - and our own chapter offers a wide variety of fun activities near and far.

Let's remember that it takes a LOT of volunteer time and energy to provide the leadership and organization that goes into providing a robust calendar to members.

This is a great time to thank all our leaders, past and present. A special thank you to Elise Delbarone for her many years of commitment serving in the Trails Committee Chair position and on the chapter's Executive Committee. Also, a big thank you to Sue Rollins for her service as Ski Committee Chair. We are all grateful for her many hours of excellent service to our chapter

As we look to fill the two recently-vacated positions, we want to also remind everyone that besides the skills, dedication, interest, energy, time and enthusiasm required to be a good AMC activity leader, there are also multiple benefits. Our Chapter Secretary Matt Putnam has prepared a summary of those benefits below.

So please consider stepping forward, and giving back and paying ahead to our wonderful organization.

See you outdoors!

bonnie england

The benefits of leadership

Without leaders we wouldn't have activities but where do leaders come from? They are members just like you. They are simply people who enjoy an activity enough to want to share it with others. They are people who have special hikes, bike rides, paddle trips, or experiences that they think others should experience too. But not only that, they are busy people with jobs, families, and commitments. No different than you.

Leaders and Committee Heads are the lifeblood of our chapter and we need of a few more. Recently, a few long time leaders and committee heads stepped down. We currently need volunteers to head up our Skiing and Family Outing Committees. Committee heads work with that Committee's leaders to schedule events, identify members with leadership potential, and keep the chapter Board informed of their Committee's needs.

We are also constantly in need of more leaders for all our activities. For most activities, leader training simply involves letting the Committee head know you are interested then co-leading, and eventually leading, a series of events, (usually 3) with an experienced leader. More involved activities, such as Northern Hiking, require more involved training but leader training for most local activities is a straightforward process.

In addition to the satisfaction of getting others outside and guaranteeing the health and longevity of your Club there are other leader benefits. Leaders have the opportunity to plan and define their own events, can receive discounted rates for various activities, and receive subsidized or even free training. For example, new this year, leaders can request a full Wilderness First Aid reimbursement if they successfully complete the course and lead 3 trips within that calendar year. Northern Hikes and Young Members are now offering scholarships to Mountain Leadership School for highly active leaders who have demonstrated a long term commitment to the Club. These benefits can add up to hundreds of dollars a year!

In short, your Chapter needs you. If you've ever thought about becoming a leader or if you would simply like to know more, contact a Committee Head or a Board Member. Contact information can be found on the Chapter

website or the Newsletter Masthead. All our current leaders got started this way. Why not you? We look forward to helping you get more out of your own Chapter!

Matt Putnam

Cardigan Lodge Fall Harvest Festival October 19-21

This highly acclaimed event is back by popular demand. We will spend two days and two nights at the AMC's beautiful Cardigan Lodge at the foot of Cardigan Mountain. A wide variety of physical and social activities are planned providing something for everyone - including the return of Saturday night Contra Dancing! Families, couples, and singles of all ability levels are welcome.

ACTIVITIES

Wed., Aug. 1. Hike and Social, Wickford.

Meet 6pm at Parking lot on Brown Street behind Rite Aid. L Judy Henderson ((401) 225-1241)

Fri., Aug. 3. Sunset Full Moon Kayaking.

Full moon paddle from URI Bay Campus. Snacks suggested. Waterproof flashlights required. Weather determines route or rescheduling. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci ((401) 822-1407, goray7ray@gmail.com)

Sat., Aug. 4. E Greenwich/ Slocum bike ride.

35 mile moderate speed ride averaging 13 mph., through rolling and flat country side. Lunch stop in Slocum. Helmets req'd. 9:30am start. L Nancy Baker ((401) 737-3052 evening, nancy_baker@brown.edu), CL Jane Vierra ((401) 231-9847)

Sat., Aug. 4-5. Rock Climbing - Rumney.

Climbers comfortable on 5.8 routes or better, camp at local campground. Dinner at an après climb restaurant or cost share BBQ. L Joe Goudreau ((401) 374-7865, joejudig@hotmail.com), CL Chris Tate ((401) 742-4289, chrisri01@verizon.net)

Sat., Aug. 4. Annual Black Tie Paddle on Narrow River.

Starting from Grovenor Camp, Saunderstown. Join us w/time to spend on the beach and dining in style (Bring plastic stemware). Call for rentals. Two paddle options: #1 shorter easier or #2 longer faster. L Linda Pease ((401) 351-2234, linda.pease@cox.net), L Bill Rush, L Bill Hahn, CL Ann Reddy, reg/w Ann Reddy

**Narragansett Chapter AMC
Leadership Roster**

Chapter Chair-Bonnie England,
bonniedune@aol.com

Chapter Vice-Chair-Debbie Mitchell,
dmitchell@thebravergroup.com

Secretary-Matt Putnam,
mattputnam@verizon.net

Treasurer-Tom Eagan,
tomeagan.amc@gmail.com

Membership Chair-Robin Kuznitz,
rmd@psh.com

Activities Chair-Chris Shafer, 789-8331,
Christopher.Shafer@dem.ri.gov

Communications Chairs-
Mark Dennen, zenmartialartist@gmail.com

Conservation Chair-
Linda Pease, linda.pease@cox.net

Leadership Chair-Ed Poyer,
edpoyer@gmail.com

Trails Chair-open

Backpacking & Northern Hikes Subchair-
Ed Poyer, edpoyer@gmail.com

Biking Subchair-Marcie Madsen, 364-6538,
Marcie18@att.net

Local Hikes Subchair-Carol Baldwin, 300-
9263, ctbaldwin36@yahoo.com

Technical Climbing Co-Subchairs-
Peter Barlow, 860-675-3772;

Brian Phillips, 783-0133,
bphillips38@cox.net

Flatwater Paddling Subchair-Linda Pease,
351-2234, linda.pease@cox.net

Sea Kayaking Subchair-Michael Krabach,
333-5350, mkrabach@cox.net

Skiing Subchair-open

Young Members Subchair-Scott Disnard,
sdizzy@gmail.com

Family Outings Subchair-
Debbie Mitchell,
dmitchell@thebravergroup.com

Webmaster/Photographer-Mike Krabach,
333-5350, webmaster@amcnarragansett.org

Publicist-Shannon Kelley, outside@cox.net

Archivist - (vacant)

**Send change of address to:
Appalachian Mountain Club
5 Joy Street, Boston, MA 02108**

The Gansett Gazette is published
Feb./Mar., April/May, June/July,
Aug./Sept., Oct./Nov., Dec./Jan. by
Narragansett Chapter AMC
51 Grove St.
Lincoln, RI 02865

((401) 789-2150, annreddy6@aol.com)

Tue., Aug. 7. Kayak Rescue Practice. At URI Bay Campus. 5:30pm start, but late arrival OK. Wet exits and rescues to be practiced. Come and watch or participate. Short paddle after possible. Contact Mike for questions. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci ((401) 822-1407)

Tue., Aug. 7. Narragansett-Galilee Bike Ride. 18 miles along the shore, flat and scenic. All are welcome. 6:00pm sharp start! Helmets required. L Sid Wax ((401) 849-2595, sid_w@yahoo.com)

Wed., Aug. 8. Hike and Social, Warwick. Meeting location is Leaders Choice in Warwick at 6pm. L Dave Natale ((401) 739-9606, igb@att.net)

Sat., Aug. 11. Ninigret Pond Kayaking. Easy kayaking in Ninigret Pond with beach time on the ocean. Flat water conditions prevail. L Barbara Flagg (bakayaker51@verizon.net), L Steve Harrington, reg/w Steve Harrington (omsjhep1@hotmail.com)

Sat., Aug. 11. Boston Harbor - Advanced 18 mile Sea Kayak Trip. Morning launch on the Neponset river. Paddle to Spectacle Island for lunch. Then on to Georges Island where we visit Fort Warren. Return around sundown. This is a long day of paddling for experienced sea kayakers. It is sure to include busy channel crossings and bumpy confused water. Bring a lunch, and the usual equipment, obviously including a PFD. A bad weather forecast will postpone this trip till Sunday, August 12th, 2012. Limited registration. This is a combined RI, NH and Boston trip. L Mike Krabach, L Bill Voss (NH), L Kevin Fredette (BOS), reg/w Mike Krabach ((401) 333-5350, mkrabach@cox.net)

Sat., Aug. 11. Step by step Mt. Monadnock. Great views from an exposed summit. Longer 9 mi. hike at a moderate pace. L Steve Harrison, CL Mike Martin, reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Sat., Aug. 11-13. Camp Dodge Trails/Hiking Weekend. Sat. and Sun.- White Mtns. trail

CHAPTER WEBSITE
www.amcnarragansett.org

User Name: members
Password: **kayak2001**

improvement project and Mon.- intermediate hike. No prior trail project experience required and all trail tools provided. Lodging/camping options and most meals available at Camp Dodge. Register with Leader by Aug. 2. L Chris Shafer, reg/w Chris Shafer ((401) 789-8331 evenings, 7 PM -9PM, christopher.shafer@dem.ri.gov)

Wed., Aug. 15. Pasta Challenge Bike Ride in Rehoboth. Scenic rural biking starting from Hillside Country Club. One easy, one intermediate pace. All the pasta you can eat afterward. 6pm start. Helmets req'd. L Linda Pease ((401) 351-2234, linda.pease@cox.net), CL Bill Rush

Wed., Aug. 15. Hike and Social, Narragansett. Meet 6pm at the Towers. L Sue Boland ((401) 556-3926, sboland2@cox.net)

Sat., Aug. 18. Slocum River paddle, South Dartmouth, MA. Beautiful 10 mile paddle on the Slocum River to Demeris LLOYD State Beach, open ocean and surrounds. 14' Boats or longer, spray skirt, water and picnic lunch required. Experienced paddlers. Email for Directions. L Gregg O'Brien ((401) 473-8132, goh243@aol.com), CL Sandi Barber ((401) 467-7881), CL Ann Reddy, reg/w Ann Reddy ((401) 419-8498, annreddy6@aol.com)

Sun., Aug. 19. See, Touch and Learn. About the creatures you swim with and the ones you eat and many others in a wet petting zoo. Visit the EPA's state-of-the-art wet lab and learn about important research and how it affects you. All the creatures you'll meet are important to the welfare of Narragansett Bay and surrounding watersheds that you live in. Tour the facility with its unique green roof. What's growing on the roof? Pick up bricks on the roof that look like bricks but don't weigh anything! What are they made of? They also have 4 inverted windmills that spin opposite from any windmill you've ever seen. Why do they have very different windmills? Then you can walk down to the beach right down the street. FAMILIES, new members and anyone interested in being entertained, surprised and delighted is welcome to attend. Sign up early. L Linda Pease ((401) 351-2234, linda.pease@cox.net)

Sat., Aug. 25. Arcadia Trail Hike. 8:30 start

for a 7 miles one way hike through a couple of boulder fields and some streams. we'll appreciate the major improvement done this past June. Boots or sturdy footwear, water, and lunch. Rain will cancel. L Maria Earley ((401) 789-8331 7PM - 9PM, momearley@netzero.com)

Sat., Aug. 25. Urban escape!!!. Did you know there's a beach complete with lifeguard behind the Christmas Tree Shop in Warwick? How about the huge splash park? Have you hiked the REALLY NICE trails and forgotten the hustle and bustle of Rt 2 down the street? Escape to the Warwick YMCA on Rt 117 and explore what you never suspected was there. It's not your ordinary Y and it's FREE! Wear bathing suit under clothes for the beach and splash park. Families, new members, YMs welcome and anyone who wants to cool off on a hot day. L Linda Pease ((401) 351-2234, linda.pease@cox.net)

Wed., Aug. 29. Hike and social Lincoln Woods. Meet us for an hours hike into little seen areas of this park. Meet at park entrance form River Rd. off of Rte. 146 north. to Lincoln Woods. Start at 6:00pm. L Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Thu., Aug. 30. Moonlight paddle. Moonlight paddle on 100 Acre Cove for experienced paddlers. Bow and stern lights (flashlights in sealed plastic work), spray skirts, PFD's, snacks and water required. Bug spray suggested. Rain or heavy cloud cover cancels. L Steve Harrington ((401) 434-3409, Sjhpe1@hotmail.com), CL Gregg O'Brien ((401) 473-8132, Goh243@aol.com), CL Sandi Barber ((401) 467-7881)

Fri., Aug. 31-Sep. 2. Lake Winnepesaukee Multi-Activity Weekend. Explore the lake, hike the Sandwich Mt Range, bike scenic roads. Comfortable lakeside cabins w/plumbing & rooms for couples. Choice of reg. or veggies meals. Celebrate the last rays of summer on a quiet section of this superb lake. Intermediate and some easy activities each day; hiking, biking and paddling Also Happy Hr & Campfire. Includes 2 breakfasts, 2 trail lunches, 2 dinners, and lodging for. Deposit of \$70 by July 7, balance \$70 by August 1, total \$140. Call Linda to register, then mail check made out to AMC Narragansett Chapter, to Linda Pease, 130 Sunbury St, Providence, Ri, 02908. Include phone number/email address. L Jack Schempp ((401) 331-4553 7-9, jschempp1@gmail.com), CL Herb Kingsbury ((207) 439-6449 7-9), reg/w Linda Pease ((401) 351-2234 7-9, Linda.Pease@cox.net)

Wed., Sep. 5. Hike and Social, Newport. Meet 6pm at Fort Adams. L Tom Freeman ((401) 338-2250, hotdealtom50@cox.net)

Fri., Sep. 7-9. Mt. Isolation Day Hike weekend. This is your opportunity to bag one of those elusive peaks you have been trying to check off the list. This will be a long, 13 mile, strenuous trek at a moderate but steady pace. The route will be very exposed with unpredictable weather. For very experienced hikers only. Sunday's hike leaders choice. \$145 for 2 nights lodging at Joe Dodge Lodge. 2 breakfast, 1 dinner. L Scott Sprague ((401) 934-3103, dadders1954@hotmail.com), CL Bernardo Aumond , reg/w Bernardo Aumond (baumond@yahoo.com)

Fri., Sep. 7-9. Burlingame Trails/Recreational Weekend. Various trail projects on Saturday, 8 AM yoga warm-up, swimming option after trail work, plus a group dinner in the evening. Sunday, an 8-mile Gormley trail hike. Free Friday and Saturday camping for trail volunteers. Non-campers meet at 7:45 AM (if participating in yoga) or at 8:45 AM (for trail project) on Saturday at Burlingame camping area main parking lot. All trail maintainers (new and experienced) are welcome. Bring gloves, sturdy footwear, water, and lunch. All tools provided. Register with leader by 9/6 for trails project, camping, and dinner potluck item. Rain date will be 9/14-9/16. L Chris Shafer , reg/w Chris Shafer ((401) 789-8331 evenings, 7 PM - 9 PM, Christopher.Shafer@dem.ri.gov)

Sat., Sep. 8. Seekonk River Kayaking. Kayaking from Bold Pt. into Seekonk River towards Pawtucket. Intermediate paddle. L Bill Rush ((401) 941-4983, whr0316@msn.com), CL Bill Hahn ((401) 524-1612), reg/w Bill Rush (whr0316@msn.com)

Sat., Sep. 8-9. Rock Climbing - Cannon. Climbers comfortable on 5.8 routes or better, camping is at a private campground we have arranged. Dinner is catered. L Dave Curry ((401) 639-5357, dmcurry13@yahoo.com), CL Bill Baxter

Sat., Sep. 8. Blackstone Bike Path ride. 25 mile loop ride on Blackstone Bike Path. Moderate pace. Bring water and snacks. Helmets req'd. 9:30 SHARP start. L Herrick Spencer ((401) 723-1974, spencer295@cox.net), CL Steve Harrington ((401) 434-3409)

Sun., Sep. 9. Vin Gormley Trail Hike. 8 miles loop hike in Burlingame State Park. Hike has a few ups and downs, some rocks and many flat sections. Moderate pace. Lunch,

water, snacks, and boots are recommended (special if after rain event). Meet at 9:00am. Rain will cancel. L Maria Earley ((401) 789-8331 7:00pm - 9:00pm)

Wed., Sep. 12. Hike and Social, East Providence. Meet 6pm at Turner Reservoir parking area, corner Pleasant St (Rt 114A) and Hunt Mills Road (across from Hunt Mills Museum). Bring flashlights. L Gregg O'Brien ((401) 473-8132, goh243@aol.com)

Fri., Sep. 14-16. Paddling/Camping on Moon Island - Squam Lake, NH. Annual weekend of kayaking and camping on Moon Island, enjoying the last weekend of summer on this pristine lake surrounded by the foothills of Sandwich, NH. Participants should be experienced and have proper equipment for camping/kayaking. Sea kayak is required and participant must be able to carry all of their equipment. Cost is \$35. L Bill Rush ((401) 941-4983, whr0316@msn.com), reg/w Bill Rush

Fri., Sep. 14-16. Trypyramids weekend. Challenging trip for experienced hikers. Hike is 12.1 mi with 3000' elev gain. \$120 covers 2 nights lodging , 2 breakfasts and 1 dinner. Reg by Aug 24. L Steve Harrison , CL Sue Warthman , reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Wed., Sep. 19. Hike and Social, Narragansett. Meet 6pm at Narragansett Towers. L Sue Boland ((401) 556-3926, sboland2@cox.net)

Fri., Sep. 21-23. Mts. Adams/Madison Day Hiking weekend. Join us on this challenging day hike for experienced hikers. We will travel up Durand Ridge on the Airline trail. The route will be steep in some sections, above treeline, very exposed to the weather but afford magnificent views.. Sunday's hike leaders choice. \$120. Includes 2 nights lodging at local motel, 2 breakfasts and 1 dinner. L Scott Sprague, CL Hsin-Chien Tai , reg/w Scott Sprague ((401) 934-3103, dadders1954@hotmail.com)

Sat., Sep. 22. Older Male Members Canoe/Kayak: Potowomut River. Open to all members with appropriate experience and the proper equipment. See details <<http://gwhiz.freehostingcloud.com/AMC/Potowomut-2012.htm>>. L gary whitney ((401) 885-1506, garywhitney3@cox.net), CL Cherine Whitney , reg/w gary whitney

Sat., Sep. 22. Westerly/Watch Hill Bike Ride. 34 mile intermediate ride includes country roads, some hills and seaside

communities. 10am SHARP start, bring lunch, water, snacks. helmets req'd. L Marcie Madsen ((401) 364-6538, marcie18@att.net)

Sun., Sep. 23. Blue Hills Fall Autumnal Equinox hike. Come for a hike to see summer leaving on the Autumnal Equinox. The area of choice will later be seen at a higher elevation to be in full bloom in October. Carpool from Pawtucket. Start hike at 9:30am. L Herrick Spencer ((401) 723-1974, spencer295@cox.net), CL Carol Baldwin ((401) 300-9263)

Wed., Sep. 26. Hike and Social, Newport. Meet 6pm on Washington Street near Van Zandt Ave. for a Harbor Walk. L Tom Freeman ((401) 338-2250, hotdealtom50@cox.net)

Fri., Sep. 28-30. Young Members Weekend in the White Mountains. Join Narragansett Chapter Young Members for a Weekend of fun in the White Mountains. We will be staying at the Moosilauke Ravine Lodge. Friday drive up and grab dinner on the way up to the lodge. Sat Hike to the 4802ft summit of Mt. Moosilauke. Sunday TBD. Limited to 10 participants. \$115pp Includes Fri dinner, Sat bfast/dinner, Sun bfast. L Scott Disnard, reg/w Scott Disnard ((401) 228-5614, sdizzy@gmail.com)

Sat., Sep. 29. Sakonnet Vineyards Ride. 30-mile, relatively flat ride through scenic Tiverton and Little Compton. Intermediate level at 12+ mph, with few stops. Bring plenty of water and snacks. Meet at 9:30 AM. Helmets req'd. L Larry Rollins , CL Sue Rollins , reg/w Larry Rollins ((401) 521-7188 7 - 9 PM, rollinslf@excite.com)

ADVANCE NOTICES

Wed., Oct. 3. Bob Cillette Memorial Hike and Social. Hike for friends of the late Bob Cillette. Meet at 6pm at Easton Beach parking lot. Registration required. Rain cancels. L Janet Harris ((401) 272-6772), CL Herrick Spencer ((401) 723-1974)

Fri., Oct. 5-8. White Mountain Day Hikes Columbus Weekend. Take advantage of the long weekend to enjoy the White Mountains at their finest. We will utilize trails and peaks with plenty of views. Some options for hikes are Mount Jefferson, ascending via the Ridge of the Caps Trail and descending via the Jewel Trail, Mount Moriah via the Carter Moriah Trail, or Mount Moosilake. \$175 covers 3 nights stay in a motel, 3 breakfast and 2 dinners. We will be cooking our own breakfast and dinners at the motel. This trip is for fit, experienced hikers who enjoy a group experience. Register with Hsin-Chien. Send payment to L Denise Poyer, 56 Small Pox Trail, West Kingston , RI 02892. (denisepoyer@gmail.com; 783-6623), CL Hsin-Chien Tai , reg/w Hsin-Chien Tai (hsinchien.tai@gmail.com)

Sat., Oct. 6-7. Rock Climbing - Gunks. Climbers capable of 5.6 routes or better. Trip size may be limited due to leader to second ratio. L Sarah Rich ((401) 338-3955, saeandpetzl@gmail.com)

Fri., Oct. 12-14. Owl's Head Fall Hike. Looking to bag one of those elusive peaks on your list. Join the leaders on a trek to the summit of Owl's Head. Expect a full day of moderate but steady pace hiking and exiting by headlamp. 18 miles. For very fit hikers. Includes two nights lodging at motel in

Lincoln. L bernardo Aumond (baumond@yahoo.com), CL Scott Sprague , reg/w Scott Sprague ((401) 934-3103, dadders1954@hotmail.com)

Sat., Oct. 13. Mt. Holyoke. Hopefully foliage season. Moderate paced 7.7 mi. with many ups and downs . L Steve Harrison, CL Sue Warthman , reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Wed., Oct. 17. Hike and Social, W. Kingston. Meet 6pm at the Bike path at the Kingston Train Station. Bring flashlights. L Sid Wax ((401) 849-2595, sid_w@yahoo.com)

Fri., Oct. 19-21. Cardigan Fall Harvest Festival weekend. Sponsored by the Narragansett Chapter. This highly acclaimed event is back by popular demand. We will spend two days and two nights at the AMC's beautiful Cardigan Lodge at the foot of Cardigan Mountain. A wide variety of physical and social activities are planned providing something for everyone - including the return of Saturday night Contra Dancing! Families, couples, and singles of all ability levels are welcome. Tent sites are available, with an additional charge for meals. Watch for further announcements and registration on the Narragansett Chapter Web site. L Mike Martin, Tom Grasso , L Chris Shafer , L Mike Krabach , L Linda Pease , reg/w Bob Tessitore ((401) 595-5273, bobtess@gmail.com)

Wed., Oct. 31. Halloween Hike and Social, Providence. Meet at 6pm Hope High School Parking lot. Safe, visible, comfortable walking costumes are welcome. Rain cancels. L Janet Harris ((401) 272-6772)

Non-Profit Organization
U.S. POSTAGE PAID
Providence, RI
Permit No. 940

NARRAGANSETT CHAPTER, AMC
51 Grove St
Lincoln, RI 02865