



The Gansett Gazette

Newsletter of the Narragansett Chapter of the Appalachian Mountain Club

FEB.-MAR.
2013
Vol. 10, No. 1

From the Chair

Happy New Year to all!

I would like to take this opportunity to thank Bonnie England, our past chair for her great contribution to the Narragansett Chapter serving as Vice-Chair and Chair, and also for her help in the development of the popular dog hikes. It has been a pleasure working with her over the past few years. I look forward to serving as Chapter Chair and working with our great group of volunteers. We are currently looking for volunteers for the positions of local hikes sub chair and family group sub chair. If you think you may be interested in stepping up to one of these rewarding positions or would like additional information, please contact us. We would like to thank Carol Baldwin for the great job over the past year as local hikes sub chair.

We are so fortunate to have so many dedicated volunteers, and are happy to announce that in addition to the popular Wilderness First Aid Course that is offered on an annual basis (April 13th and 14th this year) the Leadership committee will be offering a one day leadership training on April 27th. More details to follow.

Hopefully many of you will enjoy the numerous outdoor winter activities that are offered over the next few months. Our annual spring fling will be held on May 11th this year at Goddard Park.

Debbie
Chapter Chair

Trip Registration

A reminder on registering for all of our activities. All our trips (almost all) require attendees to register prior to attending. Register with the leader (L) of the activity to find the time and place of the activity, and any requirements as to experience and equipment needed. Some trips prefer you to register with (reg/w) someone other than the leader. Be sure to meet any deadlines for registration and payment.

AMC's 137th Annual Summit

The Appalachian Mountain Club's 137th Annual Summit (formerly known as Annual Meeting) will be held on Saturday, January 26, 2013, at the Four Points by Sheraton, Norwood Hotel & Conference Center, Norwood, MA.

www.outdoors.org/about/annualsummit/index.cfm

The day's activities, which begin at 8:00 a.m., will include:

- AMC's 137th Annual Business Meeting
- Celebrating the 45th anniversary of AMC's Youth Opportunities Program (YOP)
- Club-wide committee meetings
- Club-wide volunteer awards
- Engaging professional development workshops
- AMC Showcase

At night, join us at 6:00 p.m. for dinner and a presentation by our keynote speaker, Audrey Peterman, president and co-founder of Earthwise Productions.

Registration is required.

If you plan to attend the full days events including dinner, contact Tom Eagan. Additional Information or Questions: Contact Cindy Martell at 617-391-6603 AMCAAnnualSummit@outdoors.org

Winter Hiking Resources

When winter hiking, members are reminded about wearing florescent orange when in any of the State Management Areas. Leaders will remind you when you sign up for a trip. Information on specific requirements are on our web site under the "Recreational/Local Hikes" section "Hunting Season and Orange".

Weather in Rhode Island is fickle and the melting and freezing causes a glaze of ice that is often covered by snow. If it would only stay cold the problem would be solved but in the meantime, hikers should consider purchasing some type of ice traction device. Advice on different types, costs and availability are on our website on the "Recreational/Local Hikes" page and also under the "Winter Snow Resources". Prepare yourself with the required equipment before you sign up for a winter hike.

For those who wish to take up serious winter hiking, look over the requirements on our "Winter Snow Resources" are reviewed under "Winter Hiking Equipment and Clothing".

For the latest information on the listed hikes and activities always refer to the online Gazette and Calendar. The mailed/printed Gazette is published every two months. This is a long

time and changes and additions are bound to occur during that interval. For even shorter notification, weather critical trips like XC skiing may or may not get in the online Gazette, so subscribe to the email list server. Look under "Activity Listings/Join email lists" on the front page of the website, or go directly to the sign up page. Some notices and changes may also be listed in the "Message Board".

Leader and Prospective Leader Training

As leaders in the AMC, standards of excellence and knowledge are always strived for. This Spring we are offering two training and leadership programs. We encourage our leaders and members who may want to become leaders, to consider attending either or both of these events. See the Activities listing for full information.

On **April 13-14** our **Wilderness First Aid (SOLO)** two day course is being offered. This course will provide the knowledge you will need to deal with medical emergencies when you are more than one hour from medical care.

On **April 27** our **Leadership Training Workshop** is being offered. This workshop will help you develop and practice important skills needed to successfully lead safe and enjoyable chapter activities.

ACTIVITIES

Fri., Feb. 1-3. Intermediate X-C Skiing, N. Conway. 2-nights lodging, two breakfasts, one dinner at warm and friendly ski club lodge. North Conway region. Limit 10 participants. Fee \$100. L Susan Rollins (401-521-7188 6:00 - 8:00 PM), L Larry Rollins (401-521-7188 6:00 - 8:00 PM)

Fri., Feb. 1-3. Cross-Country Skiing Beginner/Intermediate Instructional Weekend. \$160 fee includes Fri & Sat lodging at Sargent Center, 3 Sat meals and 2 Sun meals, happy hour, and ski instruction at Sargent Center in small groups. Ski rentals available. Possible additional day ticket fee for any skiing off-site. Leader has option to move event to Feb 22-24 weekend, by Jan 28 postponement deadline, if adequate snow is in question. Non-refundable \$60 deposit due by December 21, payable to Chris Shafer. Full payment due in early January. Check with registrar first before sending payment. L Christopher Shafer, reg/w

**Narragansett Chapter AMC
Leadership Roster**

Chapter Chair-Debbie Mitchell,
dmitchell@thebravergroup.com

Chapter Vice-Chair-Bob Tessitore,
bobtess@gmail.com

Secretary-Matt Putnam,
mattputnam@verizon.net

Treasurer-Tom Eagan,
tomeagan.amc@gmail.com

Membership Chair-Robin Kuznitz,
rmd@psh.com

Activities Chair-Chris Shafer, 789-8331,
Christopher.Shafer@dem.ri.gov

Communications Chairs- Mike Krabach,
333-5350, mkrabach@cox.net

Conservation Chair-Linda Pease,
linda.pease@cox.net

Leadership Chair-Ed Poyer,
edpoyer@gmail.com

Trails Chair-Dav Cranmer,
dcranmer@neit.edu

Backpacking & Northern Hikes Subchair-
Ed Poyer, edpoyer@gmail.com

Biking Subchair-Marcie Madsen, 364-6538,
Marcie18@att.net

Local Hikes Subchair-vacant

Technical Climbing Co-Subchairs-
Peter Barlow, 860-675-3772;

Brian Phillips, 783-0133,
bphillips38@cox.net

Flatwater Paddling Subchair-Linda Pease,
351-2234, linda.pease@cox.net

Sea Kayaking Subchair-Michael Krabach,
333-5350, mkrabach@cox.net

Skiing Subchair-Sue Rollins,
swrollins@cox.net

Young Members Subchair-Scott Disnard,
sdizzy@gmail.com

Family Outings Subchair-
Debbie Mitchell,

dmitchell@thebravergroup.com

Webmaster/Photographer-Mike Krabach,
333-5350, mkrabach@cox.net

Publicist-Shannon Kelley, outside@cox.net
Archivist – position open

**Send change of address to:
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5 Joy Street, Boston, MA 02108**

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51 Grove St.
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Christopher Shafer (PO Box 103, Wakefield,
RI 02880, 401-789-8331 7 PM - 9 PM,
christopher.shafer@dem.ri.gov)

**Fri., Feb. 1-3. Mt Moosilauke Day Hiking
Weekend.** One of the leader's favorite hikes
offers spectacular views from very exposed
summit. Trip for experienced winter hikers
with full winter gear. \$120 includes 2 nights'
lodging , 2 breakfasts and 1 dinner. L Stephen
Harrison, CL Mike McGuigan , reg/w Steve
Harrison (401-270-3363 7-9 pm,
hikersteve@cox.net)

**Sat., Feb. 2. Winter from Providence's
Highest Peak.** Join us with Neutakonkanut
Hill Conservancy for a winter walk on
Neutaconkanut Hill. Meet at the
Neutaconkanut Hill Recreation Center Parking
lot at 675 Plainfield st, Providence. We will
climb to the summit of the hill. Dress for
walking in wooded areas. Walk the forest trails
of the Hill created in the 1930's by the WPA,
many recreated by the Neutokonkanut Hill
Conservancy. Winter emphasizes the
spectacular views of the city. Rain date Sunday
Feb 3. Heavy rain or snow cancels. Call Susan
(946-6594, susan@nhill.org), or Elli (943-
1219, elli.neuthill@gmail.com). L Debbie
Mitchell (401-074-3419 x2,
dmitchell@thebravergroup.com)

**Wed., Feb. 6. Hike/social - South Kingstown
- bike path.** 2-3 mile hike and we go to
dinner... Meet at Curtis Corner Middle
School.. Get off the couch and join us. Bring a
flashlight. L Susan Boland (401-556-3926,
sboland2@cox.net)

**Fri., Feb. 8-10. Ski Best Snow in White Mts,
Bretton Woods.** Best reliable, well-groomed
snow. Stay at AMC Highland Center,
Crawford Notch, 2 happy hours, breakfasts,
dinners, 2 nights lodging, 2/rm, bunks.
Possible visit to Mt Washington Hotel, fun,
good company! Fee \$187. L Jack Schempp,
reg/w Jack Schempp (47 Arbor Drive,
Providence, RI 02908, 401-331-4553 7-9,
jschempp1@gmail.com)

Fri., Feb. 8-10. Wildcat Ridge Traverse.
Hike the length of the Wildcat Ridge with
spectacular views of the Presidential Range
and Mt. Washington. Challenging all day hike,
9.4 miles with 3,250 ft of elevation gain for

experienced, well-conditioned winter hikers.
Sunday, leaders' choice. Stay at Joe Dodge
Lodge, approximate cost \$160.00, includes 2
breakfasts and 1 dinner. Register by Jan 20. L
Charles Killam (Charlie.Killam@gmail.com),
CL Elise Hedglen , reg/w Elise Hedglen
(ehedglen@yahoo.com)

Sat., Feb. 9. Hike with dogs. Hike/Walk at
Tillinghast Mgmt Area with dogs. L Judy Van
Wyk (peacefulpeople@yahoo.com), CL Russ
Miller , CL Bonnie England , reg/w Bonnie
England (bonniedune@aol.com)

**Tue., Feb. 12. Beach Pond South, Arcadia
Mgmt area hike.** 7-8 mile hike using
Tippecansett, Dye Hill, Brushy Brook &
Hemlock Ledges trails. Long day. Must wear
legal orange. Bring water, snacks & lunch.
9:30 start. L Marcie Madsen (401-364-6538,
marcie18@att.net), L Margie Parsons (401-
743-3405, mpkayak@cox.net)

Tue., Feb. 12. Bike Planning Meeting. Time
to plan this years bike rides. Can you believe
it! If you would like to get involved, lead or
co-lead bike rides, you are welcome to attend
the meeting. Space limited, so please let me
know you'll attend. Meeting 6:00pm at the
Cranston Public Library on Sockanassett Road.
L Marcie Madsen (401-364-6538,
marcie18@att.net)

**Fri., Feb. 15-18. Challenging Day Hikes on
Presidents Day Weekend.** Enjoy spectacular
views from a remote 4,000 foot peak. For
those in good condition with winter
experience. Long day possible. Proper winter
gear required. Sunday's hike is leaders' choice.
\$185 for 3 nights' lodging, 3 breakfasts and 2
dinners. L Ed Poyer (EdPoyer@gmail.com),
CL Mike McGuigan

Sat., Feb. 16. Foxwoods Museum. If you
liked the movie Night at the Museum and you
like Disney and great technology you'll love
this place. For your money, you'll see a great
movie, explore a huge museum you can't
digest in one day. History from the ice age to
today. Explore Pequot history and discover
your own history. Families, new members, old
members and young members are welcome. L
Yvonne Federowicz
(yvonne_federowicz@brown.edu), CL Margie
Parsons (mpkayak@cox.net)

CHAPTER WEBSITE
www.amcnarragansett.org
User Name: members
Password: skidec1911
As of Feb. 1

Sat., Feb. 16. XC ski trip to Windblown. For all level of skiers, as long as you have some experience. Carpooling from Lincoln Mall. L Linda Pease (401-351-2234 7-9 pm, linda.pease@cox.net), CL Chris Turgeon (turgeon77@ymail.com). See windblownxc.com for info.

Wed., Feb. 20. Maxwell Mays Refuge/Parker Woodlands hike. First hike 3 miles in the Mays Refuge, then drive 10 minutes for a 5 mile hike in Parker Woodlands. Depending on weather, may need snowshoes or traction devices. Bring Water, snacks lunch. 9:30 start. L Marcie Madsen (401-364-6538, marcie18@att.net), L Margie Parsons (401-743-3405, mpkayak@cox.net)

Sat., Feb. 23-24. Ice Climbing, Smuggler's Notch, VT. Designed for experienced rock climbers who have attended the rock courses or have equivalent experience. Must have, or rent, own gear. Cost share lodging. Must register with leader. L Peter Barlow (860-675-3772, freeclimb@aol.com)

Sat., Feb. 23. Belknap Loop Step by Step Day Trip. Investigate curious rock furniture, a firetower and the summit of a ski area. Early start from RI with eat out after. Preference given to previous step by step participants. Full winter gear required. L Stephen Harrison, CL Scott Disnard , reg/w Steve Harrison (401-270-3363 7-9 pm, hikersteve@cox.net)

Sat., Feb. 23. Hike with dogs. Hike/Walk at Weetamoo, Tiverton. L Bonnie England, CL Russ Miller , CL Leslie Kelleter , reg/w Bonnie England (bonniedune@aol.com)

Wed., Feb. 27. Narragansett Trail/Yawgoog Trail hike. Hike 5-7 miles on Narragansett Trail and explore trails around Yawgoog. If good weather will extend to include Long Pond/Ell Pond. Some steep possibly slippery sections. Sturdy boots, water, lunch. 9:30 start. L Marcie Madsen (401-364-6538, marcie18@att.net), L Margie Parsons (401-743-3405, mpkayak@cox.net)

Wed., Feb. 27. Hike and Social, Newport, Cliff Walk. 2-3 mile walk and we'll go out to eat. Get off the couch and join us. 6 pm, CVS on Bellevue Ave. L Sidney Wax (401-849-2595, sid_w@yahoo.com)

Sun., Mar. 3. Hike with dogs. Hike/Walk at Francis Carter woods with dogs. L Bonnie England, CL Russ Miller , CL Judy Van Wyk , reg/w Bonnie England (bonniedune@aol.com)

Tue., Mar. 5. Escoheag/Mt Tom trails hike. Beautiful 7 mile hike includes Mt. Tom ledges. May need snowshoes OR traction devices. Sturdy boots, water, snacks, lunch. Probable stop at Middle of Nowhere Diner after. Short car spot. 9:30 start. L Marcie Madsen (401-364-6538, marcie18@att.net), L Margie Parsons (401-743-3405, mpkayak@cox.net)

Wed., Mar. 6. Hike and Social, Warwick, City Park. 2-3 mile hike and we go to dinner. A walk in the park. Get off the couch and join us 6 p.m. Warwick City Park on Aylum Rd, off Buttonwoods. Flashlights. Contact CL for info. L Sidney Wax (401-849-2595, sid_w@yahoo.com), CL Ginny Calabrese (401-782-6518)

Wed., Mar. 13. Hike and Social, Bristol. 2-3 m hike and we'll go out to eat. Get off the couch and join us. 6pm. Meet at WWII gun near end of the Bike Path (Thames and Oliver Sts). Walk through Bristol, winding up at Quito's (411 Thames St). There will be some Geocaches along the way. Let us know if you will stay to eat. Contact CL. L Sidney Wax (401-849-2595, sid_w@yahoo.com), CL Jean Marie Josephson (401-245-5523, kayakjmj@yahoo.com)

Fri., Mar. 15-17. Carrigain Weekned. Join us for our attempt at Carrigain by the Signal Ridge Trail. Challenging, 14 mile/3,250ft hike for intermediate to experienced, well-conditioned winter hikers. Long day, possible return in the dark. Sunday, leaders choice. Stay at Shapliegh Bunkhouse Friday and Saturday nights. Approximate cost \$110.00, includes 2 nights lodging and 2 breakfasts. Must Reg by Feb 27. L Charles Killam (Charlie.Killam@gmail.com), CL Scott Disnard (sdizzy@gmail.com), reg/w Scott Disnard (sdizzy@gmail.com)

Fri., Mar. 15-17. Mt. Waumbek/Tecumseh Step-by-Step. Sat, moderate climb to a Presidential view, a winter wonderland ridge, and a 4,000 ft peak. 7.8 mi with 2850 ft elevation gain. Sun, hike to Waterville Valley ski summit. Full winter gear required. \$125 for 2 nights' motel, 2 breakfasts and 1 dinner. L Ed Poyer (EdPoyer@gmail.com), CL Elise Hedglen , reg/w Elise Hedglen (96 Spencer Ct, Wakefield, RI 02879, ehedglen@yahoo.com)

Wed., Mar. 20. Hike/social Narragansett. Meet at the courtyard by the Narragansett Towers by the Coast Guard House. 2-3 mile hike and we go to dinner. Get off the couch and join us. Bring a flashlight. L Susan Boland (401-556-3926, sboland2@cox.net)

Sat., Mar. 23. Hike with dogs. Hike/Walk on Ben Utter trail. L Bonnie England, CL Leslie Kelleter , CL Russ Miller , reg/w Bonnie England (bonniedune@aol.com)

Fri., Mar. 22-24. Northern Peaks of the Presidentials Hiking Weekend. Join the leaders as they attempt to summit Mount Adams via the Randolph Path and Spur trails. Group will overnight at one of the RMC high cabins on Saturday (either Crag Camp or Gray Knob). Possible Madison summit attempt on Sunday, conditions permitting. Full winter gear, appropriate fitness level, and significant above-treeline in winter experience required. Limited availability. Cost of \$70 covers one night of lodging and breakfast at the Shapleigh Bunk House and one overnight at the cabin. L Bernardo Aumond, CL Scott Sprague (401-934-3103, dadders1954@hotmail.com), reg/w Bernardo Aumond (464 Hanover Street, #6, Boston, MA 02113, 617-335-7684, bdaumond@yahoo.com)

Wed., Mar. 27. Hike and Social, Jamestown. 2-3 mile hike and we'll go to dinner. 6 pm. Jamestown town dock. Get off the couch and join us. Bring a flashlight. L Sidney Wax (401-849-2595, sid_w@yahoo.com)

ADVANCE NOTICES

Sat., Apr. 13. Hike with Dogs. Hike/Walk the J B Hudson trail. L Bonnie England, CL Leslie Kelleter , CL Judy Van Wyk , reg/w Bonnie England (bonniedune@aol.com)

Sat., Apr. 13-14. Wilderness First Aid. Red Cross first aid training is certainly helpful, but when you are in a backwoods situation, you need more. This course will provide the knowledge you will need to deal with medical emergencies when you are more than one hour from medical care. In addition to patient assessment, this course will teach you how to treat immediate life threats, disabling injuries, hypothermia and other environmental hazards, fractures, sprains and more. This is a two day course and will be taught at Camp Hoffman in West Kingston, RI. The course will once again be taught by the outstanding instructors from Stonehearth Outdoor Learning Opportunities (SOLO). Registration for volunteer leaders will begin January 15. Narragansett Chapter leaders will receive a special rate of \$60. Registration for all others will begin on February 1, and will cost \$115 for Narragansett Chapter members and \$165 for all others. The fee covers all instruction and materials and does not include lodging or meals. For registration information, call Linda Pease (351-2234). L Charlie Killam (charlie.killam@gmail.com), reg/w Linda Pease (401-351-2234, linda.pease@cox.net)

Sat., Apr. 27. Leadership Training

Workshop. Join us for a one day workshop to develop and practice important skills needed to successfully lead safe and enjoyable chapter activities. Sessions will include Activity Design and Planning, Screening Participants, Leadership Styles, Decision Making, Trailhead Procedures, Managing Your Group, and Accident Scene Management. The skills presented will apply to all chapter activities, and will benefit anyone planning to lead a one day activity, a weekend trip, or maybe something more ambitious. We will split into small groups to make the day highly interactive, giving you the opportunity to benefit directly from the experiences and knowledge of the

experienced chapter leaders who will be leading these sessions. Whether you are an experienced leader looking to make your trips run more smoothly, or are interested in becoming a leader, this workshop will give you the skills and confidence you need to lead a chapter activity. The workshop will take place in Chepachet, RI. Cost for chapter members is \$25, and includes lunch, snacks and materials. L Ed Poyer (401-783-6623, EdPoyer@gmail.com), reg/w Bob Tessitore (401-595-5273, bobtess@gmail.com)

Sun., Apr. 28. Hike with dogs. Hike/Walk at Great Swamp with dogs. L Judy Van Wyk (peacefulpeople@yahoo.com), CL Bonnie England, CL Paul Wynn, reg/w Bonnie England (bonniedune@aol.com)

Sat., May. 11. Hike with dogs. Hike/Walk at Steere Hill, Harmony with dogs. L Bonnie England, CL Judy Van Wyk, CL Russ Miller, reg/w Bonnie England (bonniedune@aol.com)

Sat., May. 11. Annual Spring Fling.

Activities, food, workshops at Goddard Park Carousel. This will be a combined event incorporating our previous Springtime "New members Pot Luck Social" for current, prospective and new members. Everything rolled into one fun day. Save the date. More details will be provided.

NARRAGANSETT CHAPTER, AMC
51 Grove St.
Lincoln, RI 02865

Non-Profit Organization
U.S. POSTAGE PAID
Providence, RI
Permit No. 940

Sun., May. 19. Hike with dogs. Hike/Walk at Carolina South with dogs. L Bonnie England, CL Paul Wynn, reg/w Bonnie England (bonniedune@aol.com)

Fri., Jun. 7-9. Alpine Flowers hike weekend.

Enjoy the miniature beauty of alpine blossoms and spectacular views along the Presidential Range. One night at the Shapleigh bunk house, one night at the Lakes of the Clouds Hut. For the experienced mountain hiker with proper equipment. Twelve miles r.t., 6-7 hours per day, 2800 feet of elevation gain at a moderate steady pace. Should be comfortable scrambling rocks with a full pack. \$200 includes 2 nights of lodging and 2 breakfasts. L Margie Parsons (401-743-3405, mpkayak@cox.net), CL Bernardo Aumond, reg/w Bernardo Aumond (464 Hanover Street, #6, Boston, MA 02113, 617-335-7684, bdaumond@yahoo.com)

Sat., Jun. 8. Long/Ell/Green Falls Pond Hike.

7 and 1/2 miles of mountain laurel (in bloom if we are lucky) on one of RI's and eastern CT's most beautiful trails. First and last miles strenuous and a bit rough. Early out option for those who want it at 4 1/2 miles. Details to follow. L John M. Stevens (401-487-2629 7-9pm weeknights, jstevens184@gmail.com)

Sat., Jun. 8. Hike with dogs. Hike/Walk at George Washington mgmt area. L Bonnie England, CL Russ Miller, CL Paul Wynn, reg/w Bonnie England (bonniedune@aol.com)

Sat., Jun. 22. Hike with Dogs. Hike/Walk at Browning Woods. L Bonnie England, CL Leslie Kelleter, CL Russ Miller, reg/w Bonnie England (bonniedune@aol.com)