

The Gansett Gazette Newsletter of the Narragansett Chapter of the **Appalachian Mountain Club**

JUNE-JULY 2012 Vol. 9, No. 3

From the Chair

Our Chapter's Trails Committee was honored on May 4th at a festive event held by the Environment Council of RI. Twenty-three AMC members were present to receive the prestigious Senator John Chafee Award for outstanding conservation contributions to our state by preserving 60 miles of hiking trails through RI. Heartiest congratulations to our Trails Committee volunteers for all the work they have done for 85 years - and for all they do year-round to keep our trails safe and beautiful.

May 19th is fast approaching - have you registered for the Spring Fling yet? This annual fun event gives us all a chance to meet, visit with friends, welcome new members, and share some great food! This year's presentation will be on Climbing! Hope to see you on May 19th.

See you outdoors, **Bonnie** England

ACTIVITIES

Fri., Jun. 1. Kingston, Exeter, Wakefield Bike Ride. Mid week, mid day 33 mile moderate paced ride on country roads, some hills. Bring lots of water & snacks. 10am start. helmets req'd. L Marcie Madsen ((401) 364-6538, marcie18@att.net), CL Elise Hedglen

Sat., Jun. 2. AMC Hike with Dogs. John B Hudson Trail, Arcadia, 5 miles, several ups and downs, water features. L Judy Van Wyk (peacefulpeople@yahoo.com), CL Paul Wynn

Sat., Jun. 2. Pawtucket, Seekonk, E. Prov. Bike Ride. 25 mile ride through neighborhoods includes a tour of historical places as well as newly finished trails along the Ten Mile River. Hybrid bikes as well as road bikes OK. Bring water and lunch. Helmets req'd. 9:45 start. L Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Sat., Jun. 2. National Trails Day event. Join Narragansett chapter trails committee on a trails improvement effort of the Arcadia trail in Arcadia Management Area. Wear hiking boots or equivalent with a good tread. Bring lunch and water. Rain date Sun. June 3. L Chris Shafer, reg/w Chris Shafer ((401) 789-8331 evenings, 7 PM- 9 PM, christopher.shafer@dem.ri.gov)

Sat., Jun. 2. Big River Conservation Flat

Water Paddle in Coventry. Explore this winding, scenic marshy paddle. Then paddle under Rt. 95 into a different a totally different habitat and waterway on the same river. Expect bird life and escape civilization. For rentals, call Steve Morra at 401-231-5365. L Sandi Barber ((401) 467-7881), L Cherine Whitney ((401) 539-0922, cherinewhitney@cox.net)

Sat., Jun. 2. Step by step North Pack

Monadnock. Great views from a smaller peak using a lesser used trail. Moderate paced 5.0 mi. hike . L Steve Harrison, CL Mike Martin , reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Sat., Jun. 2. Napatree Point beach walk. 3 mile walk along undeveloped beach, see three states from end of point, views of Watch Hill passage and Fisher's Island Sound. Bring binoculars for birds. 11:00 start to catch the low tide. L Katherine Mears ((401) 348-9413 7 p.m. to 9 p.m., medtho@cox.net)

Sat., Jun. 2-3. Rock Climbing - Gunks. Rock elevation gain at a moderate steady pace. 5.6 and above. Preference is given to members of the AMC climbing classes. Trip may be limited dependent on leader to second ratio. Go to web link or email leader for specifics. L Peter Barlow ((401) 871-0552, freeeclimb@aol.com), CL Jeannine Peterson ((401) 447-5213, surnurse@yahoo.com)

Sun., Jun. 3. N. Kingstown/ Narragannsett Bike Ride. 35 mile ride through scenic fields, woods and some beachfront. Lunch stop along Narrow River. Moderate difficulty with one steep hill. Moderate pace w/ending 13 mph average. Helmets req'd. 9:30 start. L Nancy Baker ((401) 737-3052 evenings 7-9pm, nancy baker@brown.edu), CL Gail Larkin (gplarkin@cox.net)

Sun., Jun. 3. Scenic Green Hill Pond Flat Water Paddle. After circumnavigation of this large salt water pond with islands of sea birds, we'll cross the land bridge and have lunch on Charlestown Beach. For kayak rentals (\$8) contact Linda Pease 351-2234. L Chris Turgeon ((401) 743-2680 7-9, turgeon77@ymail.com), CL Steve Harrington, CL Gary Whitney, reg/w Steve Harrington ((401) 434-3409 7-9, sjhep1@hotmail.com)

Tue., Jun. 5. Long Pond/Ell Pond/Yawgoog trails Hike. 7 mile very scenic hike to 3 ponds

and hopefully we'll be in time for the blooming laurels. Some tough steep sections. Rain date Wednesday. 9:30 start. L Marcie Madsen ((401) 364-6538, marcie18@att.net), L Margie Parsons ((401) 743-3405, mpkayak@cox.net)

Wed., Jun. 6. Hike and Social, Narragansett. Meet at 6pm at the Towers. L Sue Boland ((401) 556-3926)

Thu., Jun. 7. Quonsett Bike Ride. 20 mile intermediate paced ride through the Quonsett neighborhoods. 6pm sharp start. Helmets Req'd. L Barbara Flagg (bakayaker51@verizon.net), CL Gail Larkin ((401) 792 - 2282)

Fri., Jun. 8-10. ALPINE FLOWERS HIKE. Enjoy the miniature beauty of alpine blossoms and spectacular views along the Presidential Ridge. One night Shapleigh bunk house, one night Lakes of the Clouds Hut. For experienced mountain hiker with proper equipment. Twelve miles r.t., 6-7 hours per day, 2800 feet of climbing at the Gunks. For climbers capable on Should be comfortable scrambling rocks with a full backpack. \$185 includes hut lodging, one dinner and 2 breakfasts. L Margie Parsons, CL Bernardo Aumond (bdaumond@yahoo.com), reg/w Margie Parsons (100 New Meadow Road, Barrington, RI 02806, (401) 247-7760, mpkayak@cox.net)

> Sat., Jun. 9. Bike Prudence Island. Historic Island, War Battles, Naval History, former truck gardens salt ponds, wildlife, scientific studies, lighthouse, beach, forest, Victorian Village, quiet beauty. For Mt bikes or hybrid bikes. Must have fat tires. Ferry from Bristol 9am, return on 4:30 ferry. enrollment limited to 12. L Dennis McCarthy ((401) 556-8955 7-9pm, dmccarthy12@cox.net), reg/w Jack Schempp (47 Arbor Drive, Providence, RI 02908, (401) 331-4553 7-9, jschempp1@gmail.com)

> Sat., Jun. 9. Annual Westport Brewery Ride. 30-mile +/- relatively flat ride through scenic Westport and Dartmouth. Intermediate level at 12+ mph with few stops. Picnic at brewery after ride. Meet at 9:30 AM. Helmets and bicycles in good condition required.Bring water/snacks. Limit 15 riders. L, CL Larry Rollins (rollins s@ymail.com), reg/w Sue Rollins ((401) 521-7188 5 to 8 pm, rollins s@ymail.com)

Narragansett Chapter AMC **Leadership Roster**

Chapter Chair-Bonnie England, bonniedune@aol.com Chapter Vice-Chair-Debbie Mitchell, dmitchell@thebravergroup.com Secretary-Matt Putnam, mattputnam@verizon.net Treasurer-Tom Eagan, tomeagan.amc@gmail.com Membership Chair-Robin Kuznitz, rmd@psh.com Activities Chair-Chris Shafer, 789-8331, Christopher.Shafer@dem.ri.gov **Communications Chair-**Mark Dennen, zenmartialartist@gmail.com; **Conservation Chair-**Linda Pease, linda.pease@cox.net Leadership Chair-Ed Poyer, edpoyer@gmail.com Trails Chair-Elise Del Barone, edelbarone@yahoo.com **Backpacking & Northern Hikes Subchair-**Ed Poyer, edpoyer@gmail.com Biking Subchair-Marcie Madsen, 364-6538, Marcie18@att.net Local Hikes Subchair-Carol Baldwin, 300-9263, ctbaldwin36@yahoo.com **Technical Climbing Co-Subchairs-**Peter Barlow, 860-675-3772; Brian Phillips, 783-0133, bphillips38@cox.net Flatwater Paddling Subchair-Linda Pease, 351-2234, linda.pease@cox.net Sea Kayaking Subchair-Michael Krabach, 333-5350, mkrabach@cox.net Skiing Subchair-Sue Rollins, 521-7188,swrollins@cox.net Young Members Subchair-Scott Disnard, sdizzy@gmail.com Family Outings Co-Subchair-Debbie Mitchell, dmitchell@thebravergroup.com Webmaster/Photographer-Mike Krabach, 333-5350, webmaster@amcnarragansett.org Publicist-Shannon Kelley, outside@cox.net Archivist - (vacant)

> Send change of address to: Appalachian Mountain Club 5 Joy Street, Boston, MA 02108

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Sat., Jun. 9. Du Vaul Trail Hike. Meet at 9:00am for a 5-mile hike with nice ups and downs (good footing). Hope for a good display of Mountain laurel and possible sightings of Block Island. Good hike for anyone who wants Sat., Jun. 16. AMC Hike with Dogs. Carolina to do a short hike but a nice workout. Moderate pace, ideal for new members. L Maria Earley ((401) 789-8331 7:00PM -9:00PM, momearley@netzero.com)

Sun., Jun. 10. Western Cranston/Scituate Bike Ride. 30 mile tough ride in hills around the Scituate Reservoir area. Strong intermediate riders welcome. 10 am start. Helmets required. L Dick Schaffner ((401) 781-6310, dickschaff@verizon.net), CL Scott Disnard

Tue., Jun. 12. Newport Bike Ride. 20+ mile evening ride along Ocean Drive and beaches. All are welcome. 6:00pm sharp start. Helmets required. L Sid Wax ((401) 849-2595, sid w@yahoo.com)

Wed., Jun. 13. Hike and Social, Newport. Meet at 6pm at Fort Adams Parking lot. L Tom Freeman ((401) 338-2250, hotdealtom50@cox.net)

Wed., Jun. 13. Pachaug Trail Hike. 7 mile hike hopefully in bloom. Some tough ups and downs. Heavy rain will cancel. 9:30 am start. L Marcie Madsen ((401) 364-6538, marcie18@att.net), L Margie Parsons ((401) 743-3405, mpkayak@cox.net)

Fri., Jun. 15-17. Bike ME Shores From Wells Oguquit. Ride along sparkling shores in scenic ME. 2 per rm in a deluxe resort hotel w/breakfast, 2 nights, with dinner out. 30 miles, rolling. About 3 Hr drive from Providence. See Pres. Bush Cottage in Kennebunkport, on Sun, York and Historic Kittery Pt. Call for cost and details. L Herb Kingsbury ((207) 439-6449 7-9pm), reg/w Jack Schempp (47 Arbor Drive, Providence, RI 02908, (401) 331-4553 7-9pm, jschempp1@gmail.com)

Sat., Jun. 16. Quonset Air Show Kayaking. Kayak from Wickford Harbor to Quonset to view the Air Show. Grassy viewing with picnic tables, etc. at Compass Beach. Consider alternate routes driving from north, getting past Rt 103 was a hassle. Bad weather moves

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CHAPTER WEBSITE

www.amcnarragansett.org

User Name: members Password: roger1636

paddle to Sunday. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci ((401) 822 - 1407)

North Trail, Carolina, 4+ mile easy hike, water features. L Bonnie England (bonniedune@aol.com), CL Paul Wynn, CL Judy Van Wyk

Sat., Jun. 16. Mountain Biking in Arcadia Management Area. Young Members Sponsored. Beginners pace ride of up to 10 miles on Fire Roads and Trails. Meeting at the White Church on Route 165 @ Frosty Hollow Road at 10 AM ready to ride. Helmet required. L Scott Disnard, CL Dick Schaffner , reg/w Scott Disnard ((401) 228-5614, sdizzy@gmail.com)

Sat., Jun. 16. Block Island Bike Ride. 20-25 miles at a comfortable pace on scenic rolling terrain. Mountain bikes and hybrids preferred; some unpaved roads.Ferry ride involved. Enjoy a spring day on the "Block". Helmets required. L Sid Wax ((401) 849-2595, sid_w@yahoo.com), CL Linda Winters

Sun., Jun. 17. Father's Day Wickford Harbor Paddle. Explore the harbor, paddle out in the bay for fabulous views, then paddle up the river in back of the harbor. Sea kayaks and 12 Ft or longer. Flatwater kayaks welcome. Clover leaf shaped paddle, you can leave early for Father's day when we pass the stem. L Janet Huntley ((401) 789-8842, moonstone_baby@yahoo.com), L Anne Fusco ((401) 884-3205,

Annemfusco49@hotmail.com)

Wed., Jun. 20. Pasta Challenge Bike Ride in Rehoboth. Scenic rural biking starting from Hillside Country Club. One easy, one intermediate pace. All the pasta you cat eat afterward. 6pm start. Helmets req'd. L Linda Pease ((401) 351-2234, linda.pease@cox.net), CL Bill Rush

Wed., Jun. 20. Hike and Social, Newport. Meet at 6pm corner Washington and Van Zandt Streets. L Tom Freeman ((401) 338-2250, hotdealtom50@cox.net)

Sat., Jun. 23. Annual Clam Cake Bike Ride. 37 mile intermediate paced ride along beaches

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to a lighthouse with a lunch stop for famous RI sid w@yahoo.com), CL Gail Larkin clam cakes. 11am start. Helmets req'd. L Barbara Flagg (bakayaker51@verizon.net), CL Sat., Jun. 30. Step by step Mts. Welsh & Gail Larkin ((401) 792-2282), CL Bill Rush ((401) 941-4983)

Sat., Jun. 23. Easy Rider Clam Cake Bike ride. South County bike path to Aunt Carrie's, to the beach, and ice cream break. 25 miles at 10-12 mph; easy pace. Helmets required. 10am start. L Michael Krabach ((401) 333-5350, mkrabach@cox.net), L Linda Pease ((401) 351-2234, linda.pease@cox.net)

Sat., Jun. 23. Master Gardeners/AMC

Backyard Makeover. North Kingstown Library. Low Maintenance. Simple steps for beauty, converting your yard into a beautiful, interesting habitat that attracts birds/butterflies, with native bushes and shrubs, and with minimal care. Rosanne Sherry, Director, Master Gardeners will show you how. L Yvonne Federowicz ((401) 261-3368 7-9 pm), L Patty D'Ambra ((401) 949-3374 7-9 pm)

Sun., Jun. 24. Upper Pawtuxet Afternoon Flat Water Paddle. Beautiful, scenic paddle from the Village of Hope to the dam at the Scituate Reservoir. Hope the glorious mountain Wed., Jul. 4. URI Bay campus kayaking. 4th laurel is out! Ice cream afterward. L Cherine Whitney ((401) 539-0922, cherinewhitney@cox.net), L Sandi Barber, CL Cory Mott , reg/w Cory Mott ((401) 932-4439,

minimott@hotmail.com)

Sun., Jun. 24. Kingston/Exeter/Richmond Bike Ride. Beautiful 37mile intermediate paced ride on rural back roads with a fair number of hills. Bring lots of water, snacks and (4832'). Strenuous 10 miles with 3,500' elev. lunch. 10am SHARP start. Hemets required. L Marcie Madsen ((401) 364-6538, marcie18@att.net), CL Nancy Baker ((401) 737-3052)

Wed., Jun. 27. Hike Blackstone blvd, Providence. We will hike the median blvd strip and check out Blackstone Park for chapter Kayak over to view Battleship Cove from soil erosion control work. Later we have time for a social event. L Herrick Spencer ((401) 723-1974, spencer295@cox.net), CL Janet Harris

Thu., Jun. 28. Sctituate hills ride. 20 miles through country roads and hills. 6 pm sharp start. Helmets required. L Jane Vieira ((401) 862-6031, skjane73@aol.com)

Sat., Jun. 30. Jamestown Bike Ride. 28 miles of rolling terrain, with a few hills. Easy intermediate ride, moderate pace. Scenic ocean views, sea breezes. Early start. We will hope to Sat., Jul. 7-8. Rock Climbing - Cathedral & catch the Americas Cup trials. Helmets req'd. L Whitehorse Ledges. Climbers comfortable on Sid Wax ((401) 849-2595,

Dickey. Views from 2 smaller peaks in the Waterville Valley area . Some hiking on ledges . Moderate paced 4.4 mi. loop. L Steve Harrison, CL Mike Martin , reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Sat., Jun. 30. Ten Mile River Paddle. Come appreciate the Ten Mile River Council's work to keep this scenic water way a haven for birds, 822-1407) wild life and fish. Small kayaks are best. One portage. L Herrick Spencer ((401) 723-1974, spencer295@cox.net), L Barbara Flag, CL Steve Harrington, reg/w Steve Harrington ((401) 434-3409, sjhep1@hotmail.com)

Tue., Jul. 3. Kayak Rescue Practice. At URI Bay Campus. 5:30pm start, but late arrival OK. 6 pm at the Chaffee Statue in Colt State Park. Wet exits and rescues to be practiced. Come and watch or participate. Short paddle after possible. Contact Mike for questions. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci ((401) 822-1407)

July kayaking from URI to Narrow River for picnic on beach with other paddlers. Weather dependent. L Ray Bucacci ((401) 822-1407), CL Mike Krabach ((401) 333-5350, mkrabach@cox.net)

Fri., Jul. 6-8. Mt. Hight & Carter Dome Weekend. Hike to panoramic views from Mt. Hight (4675') then summit Carter Dome gain. For intermediate hikers. 2 nights lodging, 2 bkf. & 1 dinner. Reg. & Payment by 6/30/12. L Bob Janus, CL Susan Warthman, reg/w Bob Janus ((401) 828-5532 7-9 pm, janus68@cox.net)

Sat., Jul. 7. Battleship Cove Kayaking trip. Kickamuit River. Open water crossing on Mt Hope Bay. 10:00 launch. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Gary Whitney ((401) 539-0922, garywhitney3@cox.net)

Sat., Jul. 7. Arcadia Management Hike.

Meet at 8:30AM for 8-10 miles loop (J.B.Hudson, Breaheart, Shelter trails). Possible lunch at Penny Hill. Moderate hike at a moderate pace. Sturdy footwear. L Maria Earley ((401) 789-8331 7:00PM - 9:00PM)

5.7 routes or better. Lodging is up to you.

Dinner at an apre's climb restaurant or cost share BBQ. L Steve Prouty ((401) 338-8813, sprouty115@gmail.com), CL Brian Phillips ((401) 212-7705, bphillips38@cox.net)

Tue., Jul. 11. Kayak Rescue Practice. At URI Bay Campus. 5:30pm start, but late arrival OK. Wet exits and rescues to be practiced. Come and watch or participate. Short paddle after possible. Contact Mike for questions. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci ((401)

Tue., Jul. 10. Jamestown Bike Ride. 23-mile ride around Jamestown. Shorter route possible. 6:00pm sharp start. Helmets required. L Sid Wax ((401) 849-2595, sid w@yahoo.com)

Wed., Jul. 11. Hike and Social, Bristol. Meet L Gregg ((401) 473-8132, goh243@aol.com)

Sat., Jul. 14. Step by step Belnap Range. Views to lakes and peaks .Some steep sections . Moderate paced 5.5 mi loop. L Steve Harrison, CL Sue Warthman, reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Sat., Jul. 14. West Warwick/Coventry Bike Ride. Intermediate rider pace for 35 miles, 13 mph average. Rolling hills with two main road crossings. 9:30 start on completed Washington County bike path through West Warwick into Coventry, East Greenwich, and back to Warwick. Bring lots of water, snacks. Helmets required. L Nancy Baker ((401) 737-3052 after 5:00pm, nancy baker@brown.edu), CL Scott Disnard

Tue., Jul. 17. Kayak Rescue Practice. At URI Bay Campus. 5:30pm start, but late arrival OK. Wet exits and rescues to be practiced. Come and watch or participate. Short paddle after possible. Contact Mike for questions. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci ((401) 822-1407)

Wed., Jul. 18-22. Sea Kayak, Stonington,

Maine. Paddle, explore these stunning Pointed Fir Islands [65+]. Experienced or intermediate paddlers, camp & launch at ocean front "Old Quarry campground". Restaurant meals with group, or on own at camp [Kayak rentals on site]. Camping \$15pp/per night. [2 nights min./4 nights max]. Non-Refundable \$30/pp due [SASE] June 15, payable to Bob Richardson, P.O. Box 171, Carolina, RI. 02812. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), L Bob Richardson, reg/w Bob Richardson ((401) 364-7056 7-10 pm,

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bobthescott@yahoo.com)

Wed., Jul. 18. Pasta Challenge Bike Ride in Rehoboth. Scenic rural biking starting from Hillside Country Club. One easy, one intermediate pace. All the pasta you can eat afterward. 6pm start. Helmets req'd. L Linda Pease ((401) 351-2234, linda.pease@cox.net), CL Bill Rush

Wed., Jul. 18. Hike and Social, Wickford. Meet at 6pm at the Municipal Parking lot behind Wilson's in the Center of Wickford. L Dick Sullivan ((401) 338-2880)

Fri., Jul. 20-22. Mt Flume day hiking weekend. Come join us on this moderately challenging summer hike to the rocky summit of Mt. Flume at the southern end of Franconia Ridge. Switchbacks, zigzags, several wooden staircases and great views are all part of this hike. Sundays' hike is leaders choice. \$120. Includes 2 nights' at local motel, 2 breakfast and 1 dinner. L Scott Sprague, CL Hsin-Chien Tai, reg/w Scott Sprague ((401) 934-3103, dadders1954@hotmail.com)

Sat., Jul. 21. Kingston/Narrragansett Great Island Bike Ride. Scenic 34-mile flat, easyintermediate paced ride along South County bike path and coastline. Bring lots of water and snacks. 10:00am start. Helmets required. L Sid Wax ((401) 849-2595, sid w@yahoo.com), CL Gail Larkin

Sat., Jul. 21. Wiilson Park, WickFord, Sea Kayaking. Intermediate paddle in Narragansett Bay, Wilson Park, Wickeord to Rome Pt. L Anne Fusco ((401) 884-3205), CL Bill Rush, reg/w Anne Fusco ((401) 884-3205)

Sun., Jul. 22. AMC Hike with Dogs. Francis Carter, Charlestown, 5 miles, many ups and downs, may have water feature. L Bonnie England (bonniedune@aol.com), CL Judy Van jschempp1@gmail.com), CL Herb Kingsbury Wyk

Wed., Jul. 25. Hike and Social, Narragansett. Meet at 6pm at the Towers. L Sue Boland ((401) 556-3926)

Fri., Jul. 27-29. Mts. Eisenhower & Monroe. The route will be very exposed with Experienced northern hikers. Hike 10 mi with 2800' elev gain . \$120. covers 2 nights lodging, 2 breakfasts and 1 dinner. Reg by July 14 . L Steve Harrison, CL Mike Martin, reg/w Steve Harrison ((401) 270-3363 6-8 PM, 934-3103, dadders1954@hotmail.com), CL hikersteve@cox.net)

Sat., Jul. 28. Tri-State Tour Bike Ride. 3 states in one ride! Start in Pascoag, RI into NW corner of CT, into MA and back to RI. 33 mile intermediate paced ride. Bring water and snacks, lunch. Helmets reqd. 9:30am sharp start! L Gail Larkin ((401) 792-2282, gplarkin@cox.net), CL Scott Disnard (sdizzy@gmail.com)

Bay Campus. 5:30pm start, but late arrival OK. Wet exits and rescues to be practiced. Come and watch or participate. Short paddle after possible. Contact Mike for questions. L Mike Krabach ((401) 333-5350, mkrabach@cox.net), CL Ray Bucacci

ADVANCE NOTICES Fri., Aug. 31-Sep. 2. Lake Winnipesaukee Multi-Activity Weekend. Comfortable lakeside cabins w/plumbing & rooms for couples. Activities each day; hiking, biking and paddling. Includes 2 breakfasts, 2 trail

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lunches, 2 dinners, and lodging for. Deposit of \$70 by July 7, balance \$70 by August 1, total \$140. L Jack Schempp ((401) 331-4553 7-9, ((207) 439-6449 7-9), reg/w Linda Pease ((401) 351-2234 7-9, Linda.Pease@cox.net)

Fri., Sep. 7-9. Mt. Isolation Day Hike weekend. This will be a long, 13 mile, strenuous trek at a moderate but steady pace. unpredictable weather. For very experienced hikers only. Sunday's hike leaders choice. \$145 for 2 nights lodging at Joe Dodge Lodge. 2 breakfast, 1 dinner. L Scott Sprague ((401) Bernardo Aumond, reg/w Bernardo Aumond (baumond@yahoo.com)

Fri., Sep. 14-16. Trypyramids weekend. For experienced hikers. Hike is 12.1 mi with 3000' elev gain. \$120 covers 2 nights lodging, 2 breakfasts and 1 dinner. Reg by Aug 24. L Steve Harrison, CL Sue Warthman, reg/w Steve Harrison ((401) 270-3363 6-8 PM, hikersteve@cox.net)

Tue., Jul. 31. Kayak Rescue Practice. At URI Fri., Sep. 21-23. Mts. Adams/Madison Day Hiking weekend. Join us on this challenging day hike for experienced hikers. The route will be steep in some sections, above treeline, very exposed to the weather but afford magnificent views. If the weather is good we will bag two peaks. Sunday's hike leaders choice. \$120. Includes 2 nights lodging at local motel, 2 breakfasts and 1 dinner. L Scott Sprague, CL Hsin-Chien Tai, reg/w Scott Sprague ((401) 934-3103, dadders1954@hotmail.com)

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Lincoln, RI 02865 51 Grove St. **NARRAGANSETT CHAPTER, AMC**