



The Gansett Gazette

Newsletter of the Narragansett Chapter of the Appalachian Mountain Club

OCT-NOV.
2011
Vol. 8, No. 5

From the Chair

Our Chapter's Annual Dinner Meeting is a wonderful time to recognize and celebrate our amazing Chapter Volunteers, to vote on the slate of incoming Executive Committee members, and to hear about a great outdoors adventure. This year's Annual Meeting will be held on Saturday, November 12th from 6 to 9 pm at the beautiful Save the Bay facility in Providence. This year's program, "Tramping New Zealand" will be presented by "Sam" Jamke, AMC Director for the Northern Region. We will also be presenting our Chapter's most prestigious awards as well as celebrating those service volunteers who have given so much through activity leading, trail work, and special projects. Please join us on November 12th for a very festive evening. The Annual Meeting Registration Form will be posted on our Chapter's website and is included in this issue of the Gazette.
Bonnie

Chapter Annual Meeting November 12, 2011

This year's annual meeting will be held at the Save the Bay campus in Providence (see registration form). Non-members are welcome. Below is the slate of candidates for the Chapter's 2011/2012 Executive Committee. You will notice there are several open positions. If you are interested in volunteering for any one of these positions, please contact Bonnie England, Chapter Chair.

Chair	Bonnie England
Vice-Chair	Debbie Mitchell
Secretary	(open?)
Treasurer	Tom Eagan
Membership Chair	Robin Kuznitz
Activities Chair	Chris Shafer
Communications	Chair (open)
Leadership Chair	Ed Poyer
Conservation Chair	Linda Pease
Trails Chair	Elise Delbarone
Gazette Editor	(open- non-executive position)
Past Chair	Tom Eagan

2011 AMC Fall Gathering Fri-Sun., Oct. 14-16

at Sargent Center, Hancock, New Hampshire
Join the AMC for Fall Gathering at Sargent Center, a Nature's Classroom full service camp near Peterborough, in the Mt. Monadnock region of New Hampshire. Meet new people and reconnect with old friends. Enjoy the

camaraderie of fellow AMC members! Go hiking, walking, bicycling, paddling, rock climbing, exploring, and more, during Fall foliage season. Participate in a gear swap and sale, attend meetings Saturday morning and afternoon, or relax outdoors. Children are welcome at Fall Gathering, and family oriented activities will be offered. On Saturday evening, enjoy a social hour and raffle, followed by dinner, lively entertainment, and a campfire. More info and registration at <http://amcboston.org/committees/gathering>

Code Blue Hikes

The first Code Blue hike is scheduled for Saturday, Nov 19 in Smithfield. There will be an informal discussion of how and when to use the new chest compression only CPR vs the standard CPR. There will be no certification offered, just knowledge of the theories and process minus practicing on dummies, but you will have all the knowledge needed to recognize and rescue someone in respiratory and cardiac arrest. You'll be able to decide from your location and situation which CPR method to use. We are looking into doing this again in South County and on the East Bay in the future. No dates or venues set yet. **If you aren't a hiker, you're welcome to attend the talk before we depart for the hike.**

Activities

Sat., Oct. 1. Restore Blackstone Park, Providence. Trails & Conservation Committees invited you to help complete last section, split rail fence, install erosion barriers, delineate trails, fun, gratifying. Make new friends, light work. Start 9am, finish early pm. Rain date, Oct 2, bring water, lunch and gloves. L Jack Schempp (jschempp1@gmail.com), reg/w Chris Shafer ((401) 222-2797 day)

Sat., Oct. 1. Tiverton-Westport bike ride. 36 scenic miles along coastline. Mostly flat, one hill. Comfortable intermediate avg. pace (13 mph). 10AM start. Helmets required, lunch, water. L Sid Wax ((401) 849-2595, sid_w@yahoo.com)

Sun., Oct. 2. Barn Island Paddle. Sea kayaking in Little Narragansett Bay in Stonington, CT. Starting at Barn Island, to Napatree Point and back through the marsh lands. Relaxed paddle to enjoy the bay. Launch time 10:00 am. L Mike Krabach ((401) 333-5350, mkrabach@cox.net)

Sun., Oct. 2. Great Swamp Fall Hike. We will see Fall emerging on this 4.3 mile hike on land and water. Nature prepares for what is coming next. Location is near URI on Rte. 138. Call to register. Start at 9:45 am. L Karen Stein ((401) 782-6589, karen_s@uri.edu), CL Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Wed., Oct. 5. Hike and Social, Barrington. Meet 6pm, Barrington Middle School Tennis Courts, Middle Highway. L Gregg ((401) 473-8132, goh243@aol.com)

Wed., Oct. 5. Breakheart Trail hike, Arcadia. Hike is approx 6-8 miles in about 4 hours. Contact leader or co-leader for meeting place directions. Start 10:00 A. M. L Marcie Madsen ((401) 364-6538), CL Margaret Parsons (mpkayak@cox.net)

Thu., Oct. 6. Ski Committee Meeting. Members interested in leading and/or planning ski activities calendar, as well as new members who would like to meet like skiers are welcome to attend. Contact Sue Rollins for reservation at area restaurant. L Sue Rollins ((401) 521-7188 6 to 9 PM, swrollins@cox.net)

Sat., Oct. 8-9. Rock Climbing, Gunks - NY. Climbers comfortable on 5.4 routes or better. Lodging is up to you. Dinner at an aprÃ's restaurant. Contact the L to register and get specific trip information. May limit participation due to L to second ratio. L Sarah Rich (saeandpetzl@gmail.com), CL Alan Winsor (alanwinsor@cox.net)

Sat., Oct. 8. Bear Mountain/Sages Ravine - Conservation Northern Foliage Day Hike. More like VT than CT. Set your feet on the Appalachian Trail over CT's highest summit with a 3 state view, visit Sage's Ravine waterfalls. If you're happy hiking the Blue Hills, you'll be happy here. Approx 7 miles, 2000 vertical feet, at a VERY moderate pace. Early carpool/late return. L John Stevens ((401) 487-2629, stevens.john.m@cox.net), L Linda Pease ((401) 351-2234, linda.pease-amc@cox.net), CL Chris Turgeon (young members) (turgeon77@ymail.com)

Sun., Oct. 9. Fort Hill Farms Corn Maze, Thompson, CT. FUN and educational experience where participants receive a game

Narragansett Chapter AMC Leadership Roster

Chapter Chair-Bonnie England,
bonniedune@aol.com

Chapter Vice-Chair-Debbie Mitchell,
dmitchell@thebravergroup.com

Secretary- Sandra Savella,
sandrasav@aol.com

Treasurer-Tom Eagan,
tomeagan.amc@gmail.com

Membership Chair-Robin Kuznitz,
rmd@psh.com

Activities Chair-Chris Shafer, 789-8331,
Christopher.Shafer@dem.ri.gov

Communications Co-Chairs-
Mark Dennen, zenmartialartist@gmail.com;
Shannon Kelley, outside@cox.net

Conservation Chair-
Linda Pease, linda.pease@cox.net

Leadership Chair-Ed Poyer,
edpoyer@gmail.com

Trails Subchair-Elise Del Barone,
edelbarone@yahoo.com

Backpacking & Northern Hikes Subchair-
Ed Poyer, edpoyer@gmail.com

Biking Subchair-Marcie Madsen, 364-6538,
Marcie18@att.net

Local Hikes Subchair-Herrick Spencer,
spencer295@cox.net

Technical Climbing Co-Subchairs-
Peter Barlow, 860-675-3772;

Brian Phillips, 783-0133,
bphillips38@cox.net

Flatwater Paddling Subchair-Linda Pease,
351-2234, linda.pease@cox.net

Sea Kayaking Subchair-Michael Krabach,
333-5350, mkrabach@cox.net

Skiing Subchair-Sue Rollins, 521-
7188, swrollins@cox.net

Young Members Subchair-Scott Disnard,
sdizzy@gmail.com

Family Outings Co-Subchairs-
Tom Eagan, tomeagan.amc@gmail.com;

Debbie Mitchell,
dmitchell@thebravergroup.com

Webmaster/Photographer-Mike Krabach,
333-5350, webmaster@amcnarragansett.org

Photographer/Reporter-Shannon Kelley,
outside@cox.net

Archivist-Sandra Savella,
sandrasav@aol.com

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CHAPTER WEBSITE
www.amcnarragansett.org

User Name: members
Password: **kayak2001**

sheet and learn a conservation theme as they make their way through the maze. The farm also has picking patches and naturally raised cows. After completing the maze, enjoy their organic ice cream. Families and all others welcome! L Kristin Caproni ((401) 952-8698, kriistincaproni1@gmail.com), CL Yvonne Federowicz ((401) 261-3368)

Mon., Oct. 10. Columbus Day, Explore Prudence Island. Historic Island, once owned by Roger Williams, Revolutionary War Battle, Naval history, Victorian Cottages, former farms & produce economy, diverse habitat, current scientific studies, wildlife, turning leaves, salt ponds, light house, forests. 9:30 am to 4:30. pm Will take ferry from Bristol to island. L Jack Schempp ((401) 331-4553 7-9pm, jschempp1@gmail.com), reg/w Jack Schrempp (47 Arbor Drive, Providence, RI 02908,)

Tue., Oct. 11. Long Pond/Ell Pond hike. Visit the 3 ponds on this scenic hike of approx 4 hours. Some tough, steep sections . Steady rain cancels. Bring 200 sq. inches of orange to wear. Contact leader for directions for meeting place. Start at 10:00 A.M. L Margie Parsons (mpkayak@cox.net), CL Marcie Madsen ((401) 364-6538)

Wed., Oct. 12. Hike and Social, Narragansett. Meet 6pm Narragansett Towers. L Sue Boland ((401) 556-3926)

Sat., Oct. 15. Mt. Holyoke & 7 Sisters. Our annual eat, hike and enjoy the fall foliage. 7 miles of ups and downs with views. Carpool from RI with contribution to drivers. L Steve Harrison (401-270-3363 7:00-9:00pm, hikersteve@cox.net), CL Susan Warthman , reg/w Steve Harrison (401-270-3363 7:00-9:00pm, hikersteve@cox.net)

Sat., Oct. 15. Tillinghast Pond Management Hike (TPMA). Meet at 9:00am for a 6-7 mile hike to learn and explore this new pristine area with historical and geographical facts of the TPMA provided by preserve volunteer and hike CL Mike Parker. Ideal area to view the Fall tapestry of colors. Easy hike, ideal for new members. Rain will cancel the walk. L Maria Earley ((401) 789-8331 7:00pm - 9:00pm), CL Mike Parker (Mike.parker@cox.net)

Sun., Oct. 16. Narragansett Trail Hike. This is a 6 mile hike, with rocks an plenty of ups and downs. There are water falls and the journey thru the Ravine/Gorge is spectacular. Bring drinks, snacks, poles if you use them and hiking shoes, no sneakers. Rain cancels. Start 10:00am. L Dave Natale ((401) 739-9606, igb@att.net), L Herrick Spencer

Tue., Oct. 18. Pachaug Trail hike. Hike is Approx 8 miles. Hopefully with colorfully foliage! The wearing of 200 square inches of Orange is required for this hike. Contact leader for directions. Start at 10:00 A.M. L Marcie Madsen ((401) 364-6538), CL Margie Parsons (mpkayak@cox.net)

Wed., Oct. 19. Hike and Social, Newport. Meet 6pm at Van Zandt pier in Newport, corner Washington St and Van Zandt Ave. L Tom Freeman ((401) 338-2250, hotdealtom50@cox.net)

Sat., Oct. 22. Fall Foliage Paddle on the Pawtuxet River. Escape civilization on Pawtuxet River. From Pontiac Mills to Rhodes on the Pawtuxet. Ice cream or coffee/soup afterward. L Bill Rush (401-941-4983, whr0316@msn.com), L Linda Pease (401-351-2234, linda.pease@cox.net), CL Linda Pease, reg/w Bill Rush (whr0316@msn.com)

Sun., Oct. 23. Lincoln Woods and Butterfly Farm hike. This is a moderate hike of 6-7 miles with many ups and downs. The foliage should be really good this time of year. We will meet at the entrance to Lincoln Woods Stae Park which is off of Rte. 146. You don't have to call for this hike unless you need directions. Start at 10:00 AM. L Dick Sullivan ((401) 338-2880)

Wed., Oct. 26. Hike and Social, Providence. Meet at 6:00 pm at the gazebo on South Water Street. We will explore India Point and Wickenden street neighborhood changes on this 2 mile east side walk. Rain cancels the hike. L Janet Harris ((401) 272-6772), CL Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Wed., Oct. 26. Beach Pond /So. Hemlock Ledges, Arcadia. 6 mile hike. Contact leader for starting place. Bring 200 squares inches of

orange to wear. Start at 10:00 A.M. L Margie Parsons (mpkayak@cox.net), CL Marcie Madsen ((401) 364-6538)

Sat., Oct. 29-30. Basic Trailwork Skills Workshop and Project. On 10/29, join with adult volunteers from AMC, REI, and other environmentally-conscious organizations in learning basic trailwork skills taught by AMC professional crew, assisted by chapter trail leaders. Includes initial morning classroom instruction, followed by outdoor demonstrations of skills taught on Arcadia Mgt. Area trail in Exeter, RI and lunch provided. On 10/30, workshop participants will perform a trail project in Arcadia Mgt. Area involving basic trailwork skills learned on 10/29, supervised by chapter trail leaders. To register, submit by Oct. 22 deadline, a \$10 check, payable to AMC Narragansett chapter, to registrar, Maria Earley. For further information contact leader, Chris Shafer. L Chris Shafer ((401) 789-8331 7 PM to 9 PM, christopher.shafer@dem.ri.gov), reg/w Maria Earley (PO Box 103, Wakefield, RI 02880,)

Tue., Nov. 1. Burlingame hike, Vin Gormley Trail. Hike is about 7.5 miles. Contact leader for meeting place and directions. Start at 10:00 A.M. L Margie Parsons (mpkayak@cox.net), CL Marcie Madsen ((401) 364-6538)

Wed., Nov. 2. Hike and Social, Lincoln Woods. A Fall hike around Lincoln Woods on the pavement to view one of nature's finest yearly displays. This is the last week we are on Daylight Saving Time. Meet at 6:00 pm. L Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Sat., Nov. 5. Big River Fall foliage Hike. This area provide us fall views of ponds, forest and former settlements on a hike of 2-3 miles. Easy access to trail head by exit 6 on 95 coming from the south or north. Take two left turns after the exit from the south. One left turn from the north. Meeting place is on your left a thousand feet down the road on Rte. 3. Go out to lunch after the hike. Start at 11:30 am. Bring water, a snack and study shoes. Area can be wet. Rain cancels. L Sandy Barber ((401) 467-7881, sandiclaws11@verizon.net), CL Carol Baldwin ((401) 300-9263, ctbaldwin36@yahoo.com)

Sun., Nov. 6. Dog Hike at Francis Carter Reserve, Charlestown, RI. 4-5 miles of rolling hills and trails. Interesting for dogs and humans alike. Contact leader for information and to register. Bring orange to wear for hunting season. L Bonnie England (bonniedune@aol.com), CL Paul Wynn

Sun., Nov. 6. AREA 51 Mystery. Hike starts on Blackstone Bike Path in Lincoln with two off-the-path excursions on unknown and unpaved trails. Do you know where Area 51 is or what it was? Come find out. Great opportunity for new members to meet established AMC members. Easy pace. L Linda Pease ((401) 351-2234, linda.pease@cox.net), CL Dave Natale (igb@att.net)

Tue., Nov. 8. Winter Hiking Gear Seminar. This seminar is for three season hikers who are interested in getting into winter hiking. You will have the opportunity to learn about and discuss the clothing and gear you will need to stay warm and safe while hiking in winter. Clothing, footwear, snowshoes, crampons, and other equipment will be demonstrated and discussed. Co-hosted with REI Cranston. L Charlie Killam ((508) 252-4349, Charlie.Killam@gmail.com), CL Steve Harrison

Tue., Nov. 8. Local Hikes Meeting. Meeting at Cranston Central Library 140 Sockanosset Crass Road. Near REI and Garden city Mall. Everyone welcome. For more directions call. L Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Wed., Nov. 9. Hike and Social, Kingston. Meet 6pm at Train Station/Bike path. Bring flashlights. L Sid Wax ((401) 849-2595, sid_w@yahoo.com)

Thu., Nov. 10. Carolina Management Area hike. Hike is on the North and south trail area for 6-8 miles in this quiet corner of the state. Contact leader for directions and meeting place. Bring 200 sq. inches of orange for hike. Start at 10:00 A.M. L Marcie Madsen ((401) 364-6538), CL Margie Parsons (mpkayak@cox.net)

Sat., Nov. 12. Annual Chapter Meeting. The Narragansett Chapter annual meeting will be held at the Save the Bay campus in Providence. Non-members are welcome. See Chapter website for registraton. L Bonnie England ((401) 374-2507, bonniedune@aol.com)

Sat., Nov. 12. Blue Hills Hike of Choice. We will vote on which hike to do from two very different ones on our arrival in the Blue Hills. Both hikes are about 5 miles. Both offer great fall views. We can carpool from Rte 95 in Pawtucket. Call for more info. and choices from leader. Start at 9:45 AM. L Herrick Spencer ((401) 723-1974, spencer295@cox.net)

Wed., Nov. 16. Hike and Social, Fort

Adams. Meet 6pm at Fort Adams small parking lot to the right of main entrance near the bathrooms. Bring flashlights. L Tom Freeman ((401) 338-2250, hotdealtom50@cox.net)

Wed., Nov. 16. George Washington Mgmt. Area hike. Hike is the Walkabout Trail approx 8 miles. Contact leader for directions and starting place. Bring 200 sq. inches of orange for hike. Start at 10:00 A. M. L Marcie Madsen ((401) 364-6538), CL Margie Parsons (mpkayak@cox.net)

Sat., Nov. 19. CODE BLUE Hike. You only have enough air in your tissues for 10 minutes. What do you do if rescue takes more than 10 minutes? Learn about new CPR vs. Standard CPR. Hike Wolf Hill and Mercer Lookout with views of Narragansett Bay from Smithfield. Not a hiker, come for the talk before the hike. L Linda Pease ((401) 351-2234, linda.pease-amc@cox.net), CL Bob Tessitore, AMC member & certified Red Cross CPR instructor (bobtess@gmail.com)

Wed., Nov. 23. Hike and Social, Wickford. Meet at 6pm at the municipal parking lot behind Wilsons. Bring flashlights. L Dick Sullivan ((401) 338-2880, grampydick2001@yahoo.com)

Sat., Nov. 26. Walk Off The Turkey At Napatree Point. Potluck social after hike. For a longer hike, register with Linda. For a shorter easy town/beach stroll, register with Roberta. Great event for new members to meet current members. L Linda Pease ((401) 351-2234, linda.pease@cox.net), L Roberta Jacobs ((401) 315-0165, acobs6@cox.net)

Wed., Nov. 30. Hike and Social, Bristol. Meet at 6pm in front of Leo's Restaurant, 365 Hope Street. Bring flashlights. L Gregg ((401) 473-8132, goh243@aol.com)

Advance Notices

Fri., Jan. 27-29. Ski X-C, Alpine. Best Snow in Whites. Ski X-C or Alpine, best snow in Whites, Highland Center, 2 nights, fine dining, apres' ski famous Mt Washington Hotel. 2 breakfasts. 2 dinners, HH, for active intermediates. L Jack Schempp ((401) 331-4553 7-9pm, jschempp1@gmail.com), reg/w Jack Schempp ((401) 331-4553 7-9, jschempp1@gmail.com)

Fri., Feb. 10-12. Ski X-C, Alpine. Highland Center, 2 nights, fine dining, 2 dinners, 2 breakfasts, HH., snow shoe equip. no charge. For active intermediate skiers. L Jack Schempp ((401) 331-4553,

**AMC NARRAGANSETT CHAPTER
2011 ANNUAL MEETING AND DINNER**

Date: Saturday, November 12

Location: Save The Bay Center - 100 Save The Bay Drive, Providence

Agenda:

- 6:00 – 6:30 PM Social
- 6:30 – 7:15 PM Business Meeting/Awards
- 7:15 – 8:00 PM Dinner
- 8:00 – 9:00 PM Slide Show and Presentation

Cost: \$20 per person (includes appetizers, buffet dinner and soft drinks)

Don't miss this exciting presentation by "Sam" (Ruth) Jamke, sponsored by our friends at REI Cranston.
"New Zealand hut to hut trekking in 2010"

Sam Jamke's trips involved hut to hut treks (self-guided backpacks in which we did all our own meals) on the South Island, doing the Abel Tasman, the Milford Track, the Routeburn Track and the Kepler Track – four of the country's premier Great Walks. Between walks she stayed in hostels in Nelson, Queenstown and Te Anau. The presentation has photos and maps. Her presentation was updated for the AMC's International Dinner Series in January at Pinkham and for the GMC's Taylor Series in April. For those who wish to visit New Zealand, or have been there, or just want to dream, this show will be inspiring.

Registration

Please return with check payable to: "Narragansett Chapter AMC" by **October 31st**.

Registrations **after this date** will be \$25/person.

Mail to:

Debbie Mitchell
2945 Mendon Rd
Cumberland, RI 02864

Questions – contact Debbie at dmitchell@thebravergroup.com

NAME: _____

ADDRESS: _____

TELEPHONE: _____ E – MAIL _____

NUMBER OF PERSONS: _____ @ \$20 EACH = TOTAL \$ _____

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