

# AMC 2006 Fall Gathering

## Activities, Workshops, Travel Directions and What to Bring

**Note: All Saturday Activities are coded starting with “A” and Sunday activities with “B”. For planning purposes, please check the activities you might be interested in on the Registration Sheet. If you change your mind we will make every effort to accommodate your requests. Unless otherwise indicated, all activities and workshops start at the main building of the Environmental Education Center.**

### Saturday, October 14 Activities and Workshops

**A1 8:30 – 3:30 Narragansett Bay Sea Kayaking** Best of Narragansett Bay. Kayak by old forts on Dutch Island, and Jamestown. If winds are favorable, we can go south to Beavertail Lighthouse. Your own sea kayak, skirt and PFD are required. Also bring lunch and water. Leaders Bev Thomas (401) 568-8166, Bill Hahn (401) 524-1612

**A2 8:30 – 2:30 Wood River Paddling** Flatwater paddle led by a local naturalist. Join us for a scenic and historic 7.5 mile paddle on a gentle section of the lower Wood River with hardwood forests and open marsh areas wild with autumn color. Includes one portage and final 1/2 mile across a pond. PFDs required and bring boat, water, and lunch. L. Denise Poyer (401) 539-9017

**A3 8:30 – 3:30 Newport Cliffwalk & Mansion Tour** Hike 3.25 mile walkway with the sea on one side and magnificent Gilder Age mansions on the other, back along Mansion Row on Bellevue Ave for another 3.25 miles. We will then visit the Breakers Mansion, a 70 room Villa, built in 1895, for Cornelius Vanderbilt II...truly the best of Newport. Note, there is a \$15 fee for the mansion tour. Leaders Bob Cilette (401) 529-1611 and Fred Dallinger (401) 847-5708

**A4 8:30 – 2:30 Pachaug/Tippecanett Trail Hike** A 8-mile scenic hike overlooking pristine ponds, snaking thru rugged ledges, and traversing evergreen and hardwood forests on the RI/Ct. border. L. Bob Holcombe (401) 789-2574

**A5 8:30 – 12:00 East Coast Greenway Biking/Workshop** A 15- 20 mile ride which includes a portion of the East Coast Greenway (the Coventry bike path). Hear about present and future plans for the East Coast Greenway, that will stretch from Maine to Florida. Helmet required. L. Jack Schempp (401) 331-4553

**A6 8:30 – 2:00 Central Rhode Island Biking** Intermediate paced scenic country bike ride of 30-35 miles, starting from Alton Jones campus, rolling hills and some water views. Bring bag lunch. Helmet req'd. L. Larry Rollins, CL Susan Rollins (401) 521-7188.

**A7 9:00 – 11:30 Introduction to Recreational Kayaking** This is a recreational kayaking workshop for beginners and novices. The workshop will be lead by two experienced instructors and use boats primarily provided by Great Canadian Canoe and Kayak Co. It will be held at nearby Lake Eisenhower and include boat selection, kayak characteristics, basic paddling techniques and rescue. All kayaks and safety equipment will be supplied by Great Canadian Canoe and Kayak Co. on a first registration basis. L. Mike Krabach, (401) 333-5350, CL. Joe Sherlock (401) 743-3012

**A8 10:30 – 3:30 Beautiful South County Biking** A 30-40 mile ride at an intermediate pace starting in South Kingstown. Rolling hills, country roads, and bring lunch for a stop at a seaside beach. Helmet required. L. Marcie Madsen (401) 364-6538

**A9 1:15 – 3:30 Naturalist Walk/Workshop** Walk on Alton Jones hiking paths and learn about the local species of flora from naturalist leader Patty D'Ambra (401) 949-3374

**A10 1:15-4:15 Ell Pond-Long Pond Hike (C3B)** One of Rhode Island's showcase hikes - a bit of hand-over-hand on some rocks, and a huff and puff here and there. Approx. 2 mi., plan 2 hrs. Bring water and snack. Hiking boots required. Blaze orange required. Wetness cancels. Plan on a car-spotting. L. Sandy Dunn (401) 333-6474, CL John Stevens (401) 295-4203

**A11 1:15 – 3:30 Introduction to Recreational Kayaking** (repeat of A7 workshop) This is a recreational kayaking workshop for beginners and novices. The workshop will be lead by two experienced instructors and use boats primarily provided by Great Canadian Canoe and Kayak Co. It will be held at nearby Lake Eisenhower and include boat selection, kayak characteristics, basic paddling techniques and rescue. All kayaks and safety equipment will be supplied by Great Canadian Canoe and Kayak Co. on a first registration basis. L. Mike Krabach, (401) 333-5350, CL. Joe Sherlock (401) 743-3012

## Sunday, October 15 Activities and Work Shops

**B1 8:30 – 1:00 Narrow River Sea Kayaking** A tidal river and favorite of sea kayakers and other paddlers. Leaders Bev Thomas (401) 568-8166, Bill Hahn (401)524-1612

**B2 8:30 – 12:00 Rhode Island Veterans Cemetery Hike** Unique 3 mile walk on trails and paths. See stirring monuments and memorials with detailed narrative provided by L. Dick Sullivan (401) 294-9374 or Lou Jacobs (401) 315-0165

**B3 8:30 – 12:00 Breakheart Trail Hike** See and hear about a variety of complex trail improvements made the by Narragansett Chapter trails committee on this rolling, wooded trail adjacent to Alton Jones campus in the Arcadia Mgt. Area. L. Henry Cruciani (401) 884-0892

**B4 8:30 – 3:30 Newport Cliffwalk & Mansion Tour** (Repeat of Sat. activity) Hike 3.25 mile walkway with the sea on one side and magnificent Gilder Age mansions on the other, and by hike back along Mansion Row of Bellevue Ave for another 3.25 miles. Then we will visit the Breakers Mansion, a 70 room Villa, built in 1895, built for Cornelius Vanderbilt II...truly the best of Newport. Note, the there is a \$15 fee for the mansion tour. Leaders Bob Cilette (401) 529-1611 and Fred Dallinger (401) 847-5708

**B5 8:30 – 12:00 Coastal Bike Ride** Easy intermediate-paced bike ride of 20-30 miles along the coast of Narragansett Bay, starting in Wickford. Helmet required. L. Sid Wax (401) 849-2595

**B6 10:00 – 12:00 GPS Workshop** Learn the principles of using GPS navigation equipment and then apply it on a geocaching field exercise at Alton Jones campus. L. Yvonne Federowicz (401) 354- 5524

## Directions to Alton Jones Campus

### From Points North

Take I-95 South to Exit 5B - Route 102 North. Follow Route 102 North for approximately 2.5 miles. *On the right you will see a large green highway sign, "URI W.Alton Jones Campus". Take a left onto Brown's Corner Road and follow the winding road towards the Environmental Education Center (approximately 1.5 miles).*

### From Points South

Take I-95 North to Exit 5B to Route 102 North. Follow the directions in italics From Points North.

## What to Bring

For heated cabin accommodations— Bring linens, towels, blankets, sleeping bags and headlamps.

For Tenting— Bring Camping gear

For boating and Lake Activities— Swim suites and kayaks/canoes and safety gear, including PFD.