

AMC NARRAGANSETT CHAPTER SPRING FLING
Saturday, May 21, 2011 The Monastery, Rt 114 Cumberland, RI
 Area Fun Activities All Day – see descriptions and contact information below

Appetizers 4:00 to 5:00 pm in the Senior Citizen Building on the grounds of The Monastery in Cumberland
Dinner 5:00 to 6:00 pm followed by Ice cream social and Presentations from 6:00 to 7:00 pm
Directions: From the North/East: 95 South to Exit 4 -Rte 295S, exit 1 onto Diamond Hill Rd, take left, go south on Rt 114.
From South/West: 295 North to exit 11, onto Diamond Hill Rd. take right, go south on Rt 114, entrance about 1 mile.

Activity	Leader and Contact	Description
Local Hike	Contact leader Dick Sullivan 401-338-2880	Butterfly Farm hike - This is a moderate hike of five miles along the Historic Section of Rte 123 in Lincoln RI. We will see the Arnold House, Moffit Mill and Blacksmith Shop and have many wonderful views of the rolling hills and Lincoln Woods State Park. Registration required.
Flatwater Paddling	L Chris Turgeon, turgeon77@ymail.com Matt Putnam, mattputnam@verizon.net, 401-862-2861, L Herrick Spencer.	Moved from Manville Dam to the beautiful setting of Stump Pond in Smithfield. Explore hidden nooks and crannies. Enjoy the water lilies and variety of landscape and water views. Discover a new great place to paddle. Reg w/Chris or Matt. Call Steve Morra for rentals 401-231-5365, \$8 for everything.
Family Walk	Contact Leader Debbie Mitchell 743-4192, dmitchell@thebravergroup.com	Family geo-caching hike on Monastery grounds. Explore historic 9 Men’s Misery, former monks quarry while searching for geo-caches
Sea Kayaking	Contact Leader Mike Krabach. 333-5350, mkrabach@cox.net	Sea Kayak from Bold Point East Providence. Tide and weather determine final route. Timed for arrival at the monastery for appetizers
Spring TreePlant Walk	Contact Leader Patty D’Ambra, 949-3374	Tree/Plant identification, and Cumberland Monastery History, easy stroll. Registration required.
Bike Ride I	Contact leader Linda Pease, linda.pease@cox.net, CL Christine & Richard Ayres, sunbird20@comcast.net	Easy Rider Biking, Blackstone Bike Path We’ll check out the new section from Central Falls/Cumberland line to Manville or maybe all the way to Woonsocket. Registration required.
Bike Ride II	Contact Sue or Larry Rollins at RollinsLF@excite.com	Moderate bike ride in Cumberland, some hills. Approx 30 miles. Call leaders for time and start location. Limit 12. Rain cancels. Helmets req’d. Registration required.

All Above Activities are Free – Contact Leaders Above to Register

TO REGISTER for Dinner / Presentations - **Please make check payable to:** “Narragansett Chapter AMC”
MAIL TO: Debbie Mitchell, 2945 Mendon Rd, Cumberland, RI 02864 (dmitchell@thebravergroup.com)
 If registering after May 15th please bring registration form and check to the dinner with you.

NAME on CHECK: _____ TELEPHONE: _____ EMAIL: _____

SPRING FLING DINNER – REGISTRATION FORM

AMC Members	Guests and Non-Members*		before 4/30	after 4/30	Total
_____	_____	Age 12 & over	\$15 EACH	\$18 EACH	= \$ _____
_____	_____	Age 3 – 11	7.50 EACH	\$9 EACH	= \$ _____
_____	_____	Age 2 & under	free	free	= free

*Non-members who join the AMC (and pay dues) at the Spring Fling will enjoy the Spring Fling Dinner for free.

TOTAL AMOUNT ENCLOSED \$ _____