

AMC NARRAGANSETT CHAPTER SPRING FLING
Saturday, May 19, 2012 The Monastery, Rt 114 Cumberland, RI
 Area Fun Activities All Day – see descriptions and contact information below

Appetizers 4:00 to 5:00 pm in the Senior Citizen Building on the grounds of The Monastery in Cumberland

Dinner 5:00 to 6:00 pm followed by Ice cream social and Presentations from 6:00 to 7:00 pm

Directions: From the North/East: 95 South to Exit 4 -Rte 295S, Exit 11 onto Diamond Hill Rd, take left, go south on Rt 114.

From South/West: 295 North to exit 11, onto Diamond Hill Rd. take right, go south on Rt 114, entrance about 1 mile.

Activity	Leader and Contact	Description
Local Hike	Reg with leader Dick Sullivan 338-2880	Butterfly Farm hike - This is a moderate hike of five miles along the Historic Section of Rte 123 in Lincoln RI. We will see the Arnold House, Moffit Mill and Blacksmith Shop and have many wonderful views of the rolling hills and Lincoln Woods State Park.
Flatwater Paddling	Reg with Leader Linda Pease 351-2234, linda.pease@cox.net	Explore hidden nooks and crannies on beautiful Stump Pond in Smithfield. Discover a new great place to paddle. Call Steve Morra for rentals, 231-5365, \$8 includes lifejacket and paddle.
Family Walk	Reg with Leader Debbie Mitchell 743-4192, dmitchell@thebravergroup.com	Family hike on Monastery grounds. Explore historic 9 Men's Misery, former monks quarry and view of Providence from outlook, then return in time for Spring fling picnic and presentations.
Sea Kayaking	Reg with Leader Mike Krabach. 333-5350, mkrabach@cox.net	Sea Kayak from Bold Point East Providence. Tide and weather determine final route. Timed for arrival at the monastery for appetizers.
Spring Tree/Plant Walk	Reg with Leader Patty D'Ambra, 949-3374	Tree/Plant identification, and Cumberland Monastery History, easy stroll.
Bike Ride	Reg with Herrick Spencer 723-1974, spencer295@cox.net	New section from Central Falls, enjoy the scenery to Woonsocket. Visit Diamond Hill Vineyard after the ride and before the Fling. Helmets req'd.
Bike Ride II	Reg with Sue or Larry Rollins, 521-7188, 5 to 8 pm, RollinsLF@excite.com	Moderately paced bike ride in Cumberland, some hills. 30 +/- miles. Limit 12. Rain cancels. Helmets/bikes in good condition required.

All Above Activities are Free – Contact Leaders Above to Register

Evening presentation by Brian Philips on a couple of his technical mountain climbing adventures.

TO REGISTER for Dinner / Presentations - **Please make check payable to:** "Narragansett Chapter AMC"

MAIL TO: Debbie Mitchell, 2945 Mendon Rd, Cumberland, RI 02864 (dmitchell@thebravergroup.com)

If registering after May 13th please bring registration form and check to the dinner with you.

NAME on CHECK: _____ TELEPHONE: _____ EMAIL: _____

SPRING FLING DINNER – REGISTRATION FORM

AMC Members	Guests and Non-Members*		before 4/30	after 4/30	Total
_____	_____	Age 12 & over	\$15 EACH	\$20 EACH	= \$ _____
_____	_____	Age 3 – 11	\$10 EACH	\$10 EACH	= \$ _____
_____	_____	Age 2 & under	free	free	= free

*Non-members who join the AMC (and pay dues) at the Spring Fling will enjoy the Spring Fling Dinner for free.

TOTAL AMOUNT ENCLOSED \$ _____